

# ESTOTE EIDELES







# 1962 ESTOTE FIDELES

PRESENTED BY THE GRADUATES

OF

ST. BONIFACE SCHOOL OF NURSING

ST. BONIFACE

MANITOBA



# **DEDICATION**

# TO OUR PARENTS AND GUARDIANS ON GRADUATION

THANK-YOU, A SIMPLE PHRASE I HAVE SPOKEN OFTEN, BUT WHICH MEANS MORE TODAY THAN EVER BEFORE. THANK-YOU FOR LOVING ME, GUIDING ME, TEACHING ME, COMFORTING ME AND SUPPORTING ME.

FOR THROUGH YOUR LOVE I HAVE FOUND A WARM CORNER OF THE WORLD IN WHICH I BELONG. THROUGH YOUR LOVE I HAVE GROWN TO LOVE, TO FIND AN INNER MEANING TO LIFE—THE NEED TO GIVE OF MYSELF AS YOU HAVE GIVEN TO ME.

THROUGH YOUR PATIENT AND SUSTAINED GUIDANCE, I HAVE BEEN ABLE TO USE WHAT KNOWLEDGE OF LIFE I HAVE GAINED TO MAKE MINE MORE MEANINGFUL.

THROUGH YOUR TEACHING I HAVE LEARNED MUCH ABOUT MY WORLD—THE HOW OF BEING HAPPY.

IN YOUR COMFORT AND SUPPORT I HAVE FOUND A WEALTH OF UNDERSTANDING. I HAVE BECOME RICH WITH THE KNOWLEDGE THAT I MUST BUILD UPON THE HURTS AND DISAPPOINTMENTS AS WELL AS THE JOYS AND SUCCESSES.

YOU HAVE SHARED THESE PAST THREE YEARS WITH ME AS YOU SHARED THE YEARS WHICH CAME BEFORE. YOU HAVE GIVEN MORE THAN I SHALL EVER KNOW, AND MORE THAN I SHALL EVER BE ABLE TO REPAY. BECAUSE OF THIS, SOMETHING WHICH WAS ONCE A DREAM HAS BECOME A REALITY. I HAVE BECOME A GRADUATE NURSE—A PROFESSIONAL WOMAN, DEDICATED TO THE SERVICE OF OTHERS. I HOPE THAT I HAVE BEEN ABLE TO FULFILL THE HOPES AND FAITH WHICH YOU HAVE HELD FOR ME, FOR WITHOUT YOU, I WOULD NOT HAVE SUCCEEDED.

WITH LOVE, YOUR DAUGHTER.



#### A MESSAGE FROM THE LIEUTENANT GOVERNOR

The profession of nursing demands great dedication of character, but its resultant rewards are rich in permanent personal satisfaction.

The period of training has not been completed without much personal discipline, but this is a testing time and you who graduate can be sure that the training you have received will also include a permanent improvement in character.

You have now been trained to live useful lives in your communities. Your future contacts will make you a host of friends, and many persons will be grateful to you for your help and assistance.

Your choice of the profession of nursing was a very wise one, and you have done much to assure yourselves a future life of happiness and service.

Please accept my sincere congratulations!

Errick F. Willis Lieutenant-Governor of Manitoba.



LEFT TO RIGHT: E. Ward, I. Daeninck, L. Peel, R. Burrell, B. Wolk, R. Smith, H. Penner, J. Funk.

# YEARBOOK STAFF

Editor-in-Chief							
Layout Editor	Helen Penner						
Assistant Layout Editor	Jan Funk						
Business Manager	Irene Daeninck						
Assistant Business Manager	Beverley Joyce						
Art Editors Doreen Duncan, Louis	se Peel, Helen Ingaldson						
Typing Sheilagh Goss, Eileen Ward, J	an Funk, Irene Daeninck,						
Ed	na Unger, Beryl Jackman						
Photography Chairman	Barbara Wolk						
Photography Chairman	Helen Skull						
Humour Chairman							
Assistant Humour Chairman							
CLASS REPRESENTATIVES:							
1962A	Edna Unger						
1962B	7 1 0 11						
1963A							
1963B							
1964A							



# **EDITORIAL**

It is with very mixed emotions that I have watched my term as year-book editor draw to a close. There was of course the happy feeling of knowing that a project which has taken many hours of work and worry was almost finished, but on the other hand there was the rather disappointing knowledge that the same completion means an end to the many fulfilling and happy hours spent with good friends and new acquaintances. I have been extremely fortunate this year in having the assistance of an excellent staff, without which the yearbook would never have reached fruition, the able and unstinting guidance of our yearbook adviser, Sister Desbiens, the fullest cooperation from both the yearbook publisher and photographer, and the support of the medical and hospital staff, and, of course, my fellow student nurses.

It would be difficult and almost impossible to express within the confines of this message the deep sense of gratitude I feel towards these people, so that I can only hope they understand my feelings. It was honour enough to have been chosen as yearbook editor in the first instance, but to have been able to enrich and expand knowledge and life so immeasurably through this position was more than one individual deserves.

My best to you all.

Rae Burrell, Editor.



STANDING, Left to Right: R. Burrell, L. Shewan, D. Sangster, M. Marchyshyn, D. Prior. SEATED: M. G. Achtem, R. Toews, L. Coyston, O. Jobin, M. Smith, G. Ashford, B. Nash, S. Beckta, H. Penner, V. Lounsbury, S. Trimble.

# STUDENT COUNCIL

President	Gail Ashford		
Vice-President	Betsy Nash		
Secretary-Treasurer			
Yearbook Editor	Rae Burrell		
Residence Committee Convenor			
Social Committee Convenor			
Sports Committee Convenor			
Music Committee Convenor	Diana Sangster		
Publicity Committee Convenor	Sheilagh Goss		
MSNA Representative	Lynne Coyston		
President of '62A	Lesley Shewan		
Vice-President of '62A	Rose Toews		
President of '62B	Shirley Beckta		
Vice-President of '62B	Helen Penner		
President of '63A	Lynne Coyston		
Vice-President of '63A	Vera Lounsbury		
President of '63B	Sally Trimble		
Vice-President of '63B	Mary Gail Achtem		
President of '64A			
Vice-President of '64A	Onalee Jobin		



# PRESIDENT'S MESSAGE

As we approach the threshold to the future let us pause briefly to review the past three years. During this happy time we have learned a great deal and our many experiences have moulded and matured us. Although we have attended the same number of classes and had the same ward experience, we have remained individuals and as such have developed in varying degrees. However, we are the same in one respect as a group, in that we all have the same ideals. They are perhaps expressed most clearly in our school crest. In it we see the Angel's Wings of Mercy; the Gavel - indicating Strength and Fortitude; the Cross - symbolic of the often required Sacrifice; the Lamp — depicting Service and the three Bands — representing the three years of preparation for our chosen profession. These characteristics can be found in each one of us to a greater or lesser extent. A properly blended combination of these is essential in the development of a good nurse.

We are now ready to enter the future and take our place in the world. The lessons we have learned and the experience we have gained at the St. Boniface School of Nursing will stand us in good stead as we continue to increase our knowledge. Although we may be scattered far and wide we will not readily forget the many pleasant associations we have had during these formative years. May I wish you one

and all every success in the years to come.

Gail Ashford, President.



# SISTER SUPERIOR'S MESSAGE

My dear Nurses —

It is indeed my happy privilege to extend to each and everyone of the graduating class my most sincere congratulations.

Although you have now reached the ultimate goal of three years of intensive training and study—graduation—it should not however, be looked upon as the final purpose of your training. To be a competent nurse, knowledge alone is not sufficient. You must be shining examples of Charity in the practice of your profession by being unselfish, loyal and generous.

May you always enjoy the deep reward of selfdedication to suffering humanity. We are all proud of you. Do return often to your School and Hospital.

Go dear Graduates and may God bless you.

Sister Lucille Gosselin, s.g.m., Superior and Administrator.

Sister L. Gosselin

# A DEDICATION TO SISTER MILLER

Who kept sufficient uniforms in each linen box and faithfully repaired each torn apron? Who insured sufficient food and supplies at each party and made certain that order was restored the next morning? Yes, Sister, you supervised the many tasks that, when so well done, made residence a home to each student. We are saddened at the loss of our "guardian of the house," and express our wholehearted appreciation and affection.



Sister A. Miller

#### Dear Graduates of 1962:

Today you have pledged yourself to a life of dedication in the nursing profession. To maintain this vocational idealism, strive to cultivate a genuine love and sympathy for the patients under your care. No modern scientific technological improvement will give meaning to suffering; it is up to you, as a true Christian nurse, to give nursing its real meaning, and to raise sympathy higher than to a mere philanthropic setting, but to a level of divine charity. Otherwise, the glamour of selfless nursing quickly grows thin, unless it finds inspiration from deeper and more sound principles.

May Mary, Queen of Nurses, permeate you with these ideals, so that warmth and sincerity may glow foremost in your ministrations to your patients.

Sister Marie Bonin,
Director,
St. Boniface General Hospital
School of Nursing.





#### Dear Graduates:

Your graduation today, not the summit but an achievement, symbolizes a beginning as well as an end—signifies giving as well as receiving.

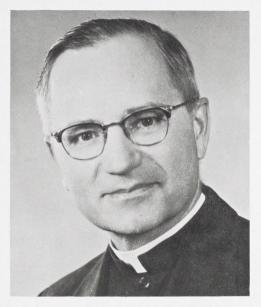
The "teamwork" concept has precipitated an ever more urgent need for young nurses with a more liberal education, able to assume greater responsibilities. Now the trumpet summons you again—not to self satisfaction, though accomplished you are, but a call to the struggle in climbing up higher ever higher! Do you remember these words of St. Francis of Assisi, "It is in giving that we receive?" For three years you have given of your time and effort! For three years you have received! May you give then, by imparting to others what you have received, and like St. Francis, reap joy.

Therefore, ask not what the nursing profession can give you, but what you can give your profession. Let us go forth asking His blessing and His help, but knowing that here on earth God's work must truly be our own.

Sister I. Desbiens, Assistant Director, St. Boniface General Hospital School of Nursing.

## **CHAPLAINS**

Reverend Father M. Messier



My dear Graduates:

By the time you read this message of congratulations, your graduation exercises will have been completed. Each one of you will have come forward, to the joyful applause of her family and friends, to receive her award. Then, except for more hand-shakes and pictureposing, this important day will be over.

Graduation day! Is it really the most important day in the period of your life that is just ending? Perhaps the music, the flowers and the diplomas may lead you to think so. In your excitement, you may forget the days of preparation that have gone ahead. Three years have to go by before graduation day becomes a reality: a thousand days, mostly all alike in their make-up. There were classes with their many demands on your time and application and alertness of mind; there were hours of duty on the Wards with still more demands on your generosity and ability. Graduation day has at last arrived! A very exciting day it is but only because of your diligence and application over an extended period of three years.

Graduation day! Is it really the most important day in the new period of your life which is beginning? You will be going back to work now as graduates. Your dedication to the service of the sick has been made official by the awarding of a diploma. From now on, more will be expected of you as graduates than as mere students. The most important days lie ahead. Your obligations will be more varied and the readiness and ability with which you will meet them will come under closer scrutiny by the authorities. A greater measure of charity and understanding will be expected by your patients. Graduation is at most a guarantee that you are equipped to meet all the requirements of your profession. Whether you will live up to expectations, is up to you!

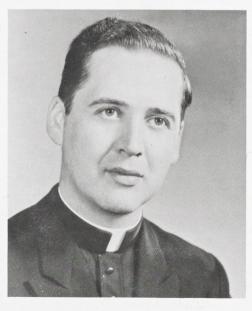
I sincerely congratulate you and wish you every success in a work which admits of no half-heartedness or selfishness. The real major tests lie ahead. You will never be as completely happy as when you have, by your kindness and competence, graduated in the hearts of your patients. May you have many such graduations, of lesser eclat than that of today, but bringing happiness far in excess of that of your short-lived graduation day.

Dear Graduates,

At long last, after three years of tough discipline, study, and training you have reached a milestone in your life, and are now ready to begin your professional career as a nurse. You will note that I said "milestone" and not "your goal" in life, for, although Graduation Day was a goal for you all, it must be only the launching-pad for the long professional life which lies ahead of you. It is true that you have accomplished and learned a great deal that other members of our society cannot achieve. But it is for that very reason that you must not now allow the dust of inactivity to gather on your minds and books. The profession of nursing is a necessary part of our complex contemporary civilization. Therefore it is essential that each nurse strive unceasingly to maintain that profession on a par with modern medical and social progress.

Today then, let me exhort you to keep high the standards of nursing you have learned in this school as well as the Christian sense of values by which you must exercise your calling. God bless you, each and everyone, in this, your life-long endeavour.

C. Barclay, Assistant Chaplain, St. Boniface Hospital. Yours sincerely in Christ, Rev. Father M. Messier, Chaplain.



Reverend Father C. Barclay



### A SPECIAL MESSAGE FROM ARCHBISHOP BAUDOUX

Dear Graduates,

The 64th Commencement Exercises of the St. Boniface School of Nursing mark for each one of you a new era in your life. For now the years of study and training are over and you must chart your own course for the future in your chosen career.

Nursing is one of the most challenging of all professions. It affords ample scope for total dedication and untold opportunities for practising the great commandment of love for one's neighbour by which Christ said his true disciples would be recognized. For a nurse who sees in each patient not just another case, but a suffering member of Christ, and who gives to each one the best of her devotion and talents truly proves her love for fellow man not merely in words "but in deed and in truth" (John 3:18)

May these thoughts afford you inspiration and strength as you go forward to your noble calling.

Maurice Badoux Archbishop of St. Boniface.









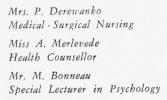


# **OUR FACULTY**

Mrs. H. Lemoine Pediatric Nursing Mrs. V. Vermander Educational Co-Ordinator Miss V. Peacock Biological Science

Mrs. K. DeJong Medical - Surgical Nursing Miss T. Funk Psychiatric Nursing Miss F. Warkentin Pediatric Nursing

PHOTOS NOT AVAILABLE: Miss M. Gordon Nursing Arts Mrs. R. Lavitt Operating Room Nursing Mrs. P. Soenen Nursing Arts



Mrs. A. Britton Out-Patient Nursing

Miss G. Johnston Surgical Nursing Miss D. Weber Obstetric Nursing Mrs. S. Faust Diet Therapy Miss H. McHale Medical Nursing

Miss L. Bowdler Librarian Mrs. V. McLean Special Lecturer in Nutrition Miss E. Albertsen Surgical Nursing Mrs. A. Axford Medical Nursing

Mrs. V. Sylvestre Surgical Nursing Mrs. E. Carroll Evening Instructor Miss F. Erickson Eye, Ear, Nose and Throat Miss M. Pottinger Obstetric Nursing



































# Our Sisters

LEFT TO RIGHT: Sr. M. St. Croix, Sr. A. Gosselin.

# IN THE CHAPEL ON 4A



# PUBLIC SPEAKING CLASS

LEFT TO RIGHT: Sr. R. Veilleux, Mrs. R. Mozel, Sr. M. A. Lefebvre, Sr. R. Topping, Sr. T. Isabelle, Sr. M. Bonin, Sr. P. Lalonde, Sr. L. Aubert, Sr. J. Gagnon, Sr. L. Arsenault, Sr. E. Plotkin, Sr. R. Prieur, Sr. I. Pepin, Sr. M. Guillas, Sr. I. Desbiens, Sr. M. Caron.

LEFT TO RIGHT: S. L. Bernier, Sr. P. Pulvermacher, Sr. M. Piche.

IN THE LIBRARY





It is my privilege on behalf of the Medical Staff of St. Boniface Hospital to offer our whole hearted congratulations and best wishes to the Graduating Class of 1962.

Professional training has become more and more significant in the complex society in which we live. The knowledge and disciplines which you have mastered during the past three years enable you to enter your profession with standards of training of a very high order. As you enter the field of service this should be the beginning of a new phase of development. We hope that you may find within the nursing profession a challenge to the skill of your hands, the growth of your mind and the dedication of your heart. We welcome you in your contribution to both the art and the science of medicine as we together minister to the sick in this hospital.

Ross L. Willows, M.D., F.R.C.S.(C), President, The Medical Staff, St. Boniface General Hospital.

> Medical Director Dr. P. L'Heureux

Dr. Ross L. Willows

### ATTENDING STAFF

## ST. BONIFACE GENERAL HOSPITAL

Alvi, A. W. Beckstead, J. L. Bergen, S. Carter, S. A. Cera, L. J. Coke, L. R. Downey, J. R.	Medicine J. F. Hughes	Matas, J. MacLean, J. Newman, M. Rogers, A. G. Rusen, S. D. Saunders, M. Snidal, D. P.	Cohen, M. Goldstein, P. Greenberg, L. Hill, N. C. Hollenberg, Jacob Kagan, J. Kay, S. K.	Surgery R. O. Burrell	Lehman, M. J. Miller, J. N. Molgat, A. McGoey, James Parkinson, D. Rabson, L. R.
Green, P. Hurst, H. G. Lyons, B. H. Martin, J. H.	Obstetrics and Gynecolo	Stein, D. H. Vaisrub, S. Varnum, G. S.	Besant, D. F. Book, N. Coodin, F. J.	Pediatrics A. J. DePape	Grewar, D.
Earns, A. A. Friesen, R. Howden, R. L.	R. L. Willows	McCord, W. J. McInnis, A. C. Ranosky, M. J.	Letienne, G. Margolis, J.	Opthamology R. M. Ramsay	McKenty, S.
Mitchell, J. R. Bigelow, D.	Orthopedics W. B. Mackinnon	Wall, M. B.  McGibbon, K. C.		Otolaryngology M. Pierce Anaesthesia M. Minuck	
Hollenberg, C.  Vann, E.	Urology E. Stephenson		Bennett, M. Lambie, R. Milner, R.		Semelka, G. Tass, D.
Hamonic, M.	Pathology F. Burgoyne		411	Biochemistry M. Blanchaer Consultants	201
van Wijhe, M.	Radiotherapy J. Bennett		Abbott, A. C. Bourgouin, J. Gowron, A. Graf, J.		Richardson, R. Ross, R. Sinclair, A. Stewart, E.
Meikle, A. L. Gedgaudas, E.	Radiology C. W. Hall	Wheeler, G.	Guyot, H. McEwen, D. S. Peikoff, S. S. Pickard, E.		
				36 11 1 701	

# **GRADUATES**

#### FLORENCE NIGHTINGALE PLEDGE

I solemnly pledge myself before God to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care.



ALBO, FLORENCE
Winnipeg
From Italy she came,
In Canada she trained,
Obstetrics and pediatrics are her choice,
In either field she will rejoice.



BALL, PATRICIA Winnipeg "We know what we are, But know not what we may be."



BAXTER, VALERIE Winnipeg
As a nurse she's great.
As a friend she's swell,
A sparkling personality,
That's our Val.



BERGEN, MARTHA
Winnipegosis

A smile is better than a frown;
A laugh is better than a sigh;
These seeds implanted in our hearts
Will root, will grow, will never die.



BERGEN, SARA Altona, Manitoba For where she set her heart, She set her hand, To do the things she planned And bore it through.





BODNARESKO, FLORENCE Regina, Saskatchewan The only reward of virtue is virtue; The only way to have a friend is to be one.



BOYLE, MARY LOU
Brandon
Sometimes studious, seldom quiet,
Her tantalizing laugh is our constant diet.



CANCADE, ANITA
Brandon
A first class student that no one can beat;
A mind of her own, refusing defeat.



CARRIGAN, ROSEANN Glasgow, Scotland Infectious laughter, inquisitive mind, Always frank but never unkind.



CORBETT, MARLENE
Winnipeg
Innocent eyes like delicate spheres,
That are born when the day is dying;
Yet the wisdom of all the years,
Is in their lovelight lying.



COTÉ, LORRAINE Medicine Hat, Alberta With a ready wit and a subtle smile, Lorraine is certainly a friend worthwhile.



CREURER, LUCILLE Melfort, Saskatchewan Even tempered, energy galore, Always ready and able for more.





DE ROCQUIGNY, MADELEINE St. Claude, Manitoba We have learned to love her quiet ways, And wish her luck through all her days.



GABRIEL, MARY
Porcupine Plains, Saskatchewan
Quiet manner, generous heart,
Always willing to do her part.



GOERZ, HELGA Snowflake, Manitoba Such fine reserve and noble reticence, Manners so kind, such a grace, Of tenderest courtesy.







HAGGARTY, MYRNA Flin Flon, Manitoba A hint of dignity,
A dash of mirth,
A pound of common sense,
A friend of worth.



HAMONIC, BEATRICE St. Malo, Manitoba Poised and confident, Capable is she; Nursing is her vocation, It's plain to see.



HARTVIKSEN, JUDITH Saskatoon, Saskatchewan Her heart has hidden treasures
In secret kept, in silence sealed:
The thoughts, the hopes, the dreams, the
pleasures,
Whose charms were broken if revealed.



HAVIXBECK, LOUISE Rosser, Manitoba With a heart of gold, And a manner sweet, She proclaims a friend To all she meets.



HENKELMAN, ALICE Swan River, Manitoba If any lift of mine may ease
The burden of another,
God give me love and strength and care
To help my ailing brother.





HOORNE, CHRISTIANA
Treherne, Manitoba
Serious, kind-hearted and true,
A successful finish in view;
It's serving and striving through strain
and stress,
It's doing your best—that's success.



JACKMAN, BERYL
Dauphin, Manitoba
She is herself—a true friend,
Who speaks well of all—or remains
silent.



JACKMAN, BRENDA
Winnipeg
A poor life this is, if full of care,
We have no time to stand and stare.



JOHNSON, GAIL
Winnipeg
Kindness in us is the honey that blunts
the sting of unkindness in others.



KEMBALL, LINDA St. George, Manitoba Quiet, demure, a gentle face, În our hearts, she has won a place.





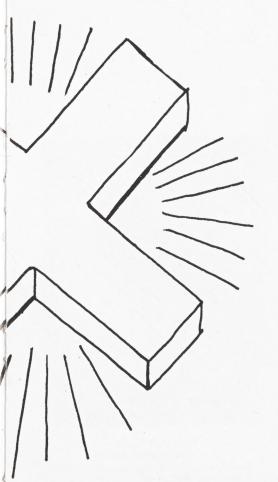
KYLE, LYNNE Oak Bank, Manitoba Always laughing; never sad, Sometimes naughty—never bad.



LAVAL, ANNETTE
Wauchope, Saskatchewan
For she was made for happy thoughts,
For playful wit and laughter.



LAWRENCE, LINDA
Killarney, Manitoba
Give me a sense of humour, Lord,
Give me the grace to see a joke;
To get some happiness out of life,
And pass it on to other folk.





MAHAN, CONSTANCE
Winnipeg
A lovely light is shed,
By all the kindly things you've done,
And the cheering words you've said.



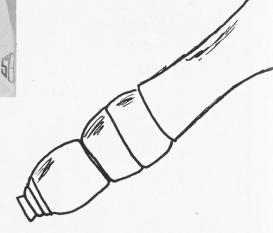
MARCYNIUK, EILEEN
Winnipeg
A little kinder both of thought and deed,
A little gentler with the old and weak,
Swifter to sense another's passing need,
And not so fast the hurtful phrase
to speak—
These are my goals.



McCORMICK, JANET Swan River, Manitoba You have looked for the best in others, And given others the best in you.



OVERTON, MARY
Winnipeg
When a task is once begun,
Never leave it till it's done,
Be the labour great or small,
Do it well or not at all.





PEEL, LOUISE
Pritchard, British Columbia
Tall and striking with a love of art,
Reserved in manner, kind at heart.



REIMER, DORIS
Steinbach, Manitoba

A young heart is a fountain of gladness—
Making everything in its vicinity freshen
into smiles.

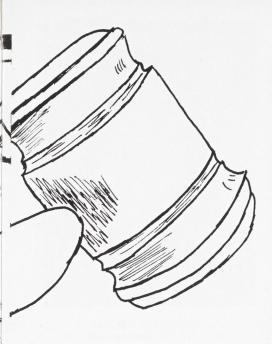
Ambition: To be an operating room nurse.



RUZA, AINA
Winnipeg, Manitoba

Deep are her thoughts, tender her heart,
Where love and wisdom dwell.

Behind the peace of her quiet ways—
A sparkle of humour, perceived by those
who know her well.





SHEWAN, LESLEY
Winnipeg
Keen in intellect, with force and skill;
To strive, to fashion—to fulfill.



TOEWS, ROSE
Winnipegosis

She has achieved success who has lived well,
Laughed often and loved much.



UNGER, EDNA Steinbach, Manitoba Roses may have thorns, but don't forget That thorns may have some roses too. Her cheery smiles and efficient ways Have planted roses for many days.



WARNER, SHIRLEY Grenfell, Saskatchewan Her ways are ways of pleasantness, And all her paths are peace.



WELLS, ELIZABETH Wellwood, Manitoba Laughing cheerfulness throws sunlight On all the paths of life.





WHITESIDE, LINDA Hornfield, Manitoba I shall ne'er be 'ware of mine own wit, Till I break my shins against it.



ZIMROSE, PATRICIA Wadena, Saskatchewan A bubbling personality has our Pat, Able and active, no doubt about that.



SISTER MARIE ANGELINE Notre Dame de Lourdes, Manitoba Sacrifice and self-devotion, Hallow earth and fill the skies.



AITKEN, JACQUELINE
Calgary, Alberta
You can do what is impossible, and do it finely too!



ASHFORD, GAIL
Winnipeg
The sweetest thing that ever grew beside a human door!





BECKTA, SHIRLEY Fleming, Saskatchewan So nigh is grandeur to our dust, So near is God to man, When duty whispers low "Thou must," Youth replies, "I can."

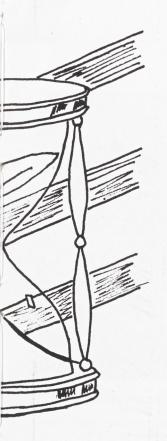


BELL, JEAN
Flin Flon

Let us then be up and doing,
With a heart for any fate,
Still achieving, still pursuing,
Learn to labour and to wait.



BOUCHARD, GILBERTE
Letellier, Manitoba
Kind, compassionate,
Gentle and smiley,
And bas for a motto.
"When there's a will, there's a way."





BROWN, LINDA Winnipeg A sunny disposition is the very soul of success.



BURRELL, RAE
Winnipeg
An able woman shows her spirit by
gentle words and resolute actions.



CARTER, BARBARA
Winnipeg
Quietly she goes her way,
Serene, unruffled, day by day,
Happy, thoughtful, quick to lend
A helping hand to help a friend.



COBB, LINDA
Dryden, Ontario
How happy is she born and taught,
That serveth not another's will;
Whose armour is her honest thought,
And simple truth her utmost skill.



CORMIER, PATRICIA
Moncton, New Brunswick
Three years she grew in sunshine and in
shower, then
Nature said: "A lovelier flower on earth
was never sown."

USBAITATE SANSIAGA (ATATA)



CUVELIER, MARJORIE
Dunrea, Manitoba
Here I stand, not only with the sense of present pleasure, but with pleasing thoughts that in this moment there is life and food for future years.



DAENINCK, IRENE St. Boniface With gentle yet prevailing force, Intent upon her destined course.





DeFEHR, ELIZABETH
Winnipeg
A perfect woman, nobly planned,
To warm, to comfort and command.



DEJONCKHEERE, MARIE
Starbuck, Manitoba
Two roads diverged in a wood, and I—
Took the one less travelled by,
And that has made all the difference.
Philosophy: "A thing of beauty is a joy
forever."



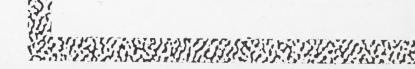
DUNCAN, DOREEN
Winnipeg
Our first impression—a quiet kind,
After a while you change your mind:
Calm, undisturbed by stress and hurry,
Likes to work, but not to worry.



DUREAULT, DOLORES
St. Boniface
Efficient in manner,
Mischievous in thought,
But a better friend
Cannot be sought.



FEWSTER, CAROLL
Sperling, Manitoba
Our blue-eyed classmate has a quiet attractiveness that is popular with both patients and friends.





FLANIGAN, SANDRA
Shoal Lake, Manitoba
To comfort and to bless,
To find a balm for sorrow;
To tend the lone and helpless,
Is her service today and tomorrow.



FOX, KATHLEEN
Brandon
No true and permanent fame can be founded, except in labours which promote the happiness of mankind.



GAUTHIER, LAURELLE
Flin Flon
Here's a girl you'd like to meet,
Personality that can't be beat.
Always laughing, always gay,
We wish her success in every way.



HORDY, EMILY
Ethelbert, Manitoba
Friendship strong and true and loyal,
All depends on being known;
You will win by what you are, dear,
You will reap as you have sown.



HUTCHINSON, GRACE Wapella, Saskatchewan Many a green isle needs must be In the deep wide sea of misery, Or the mariner, worn and wan, Never thus could voyage on.





IRVING, FRANCES
Winnipeg
She doeth little kindnesses,
Which most leave undone or despise;
She helps to set one's heart at ease
And giveth happiness and peace.



JOHNSTON, VELMA
Winnipeg
With hands that know compassion's
strength,
Full guarded by the gentle heart, all
skilled in care
Of those less fortunate; She carries on
the daily length
Of duties, soothing pain and weaving
calm from fear.



JOYAL, MONIQUE St. Agathe, Manitoba Four foot ten, Full of yen, Shorten the figure, Lengthen the charm.





KOSTIUK, JOANNE Lockport, Manitoba A quiet maiden, with soft brown eyes, Binds her friendship in unbreakable ties.



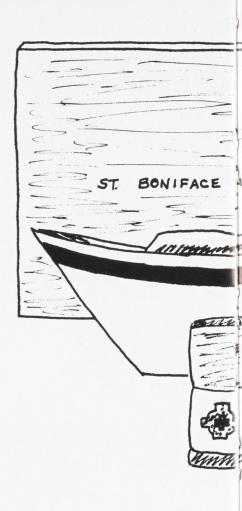
LEE, PATRICIA
Winnipeg
To see the world in a grain of sand
And heaven in a wild flower;
Hold infinity in the palm of your hand
And eternity in an hour.



LEN, KAROLINE Yorkton, Saskatchewan Mischievous in look, thought and deed; Always a true friend in time of need.



Winnipeg
This only grant me;
That my means may lie
Too low for envy,
For contempt, too high.



MARCHYSHYN, MYRNA Winnipeg That nothing walks with aimless feet; That no one life shall be destroyed.

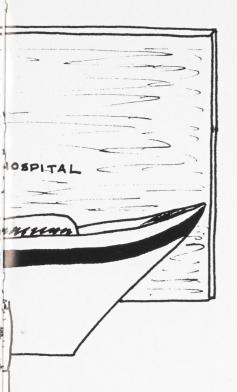


MARKOWSKY, DONNA Dominion City, Manitoba Health and strength and fun and laughter; these belong to you.



MUIR, PATRICIA
Winnipeg
Yet all experience is an arch where
through gleams that untravelled world.
Pat's winning smile and enthusiastic personality have made her a friend of all.







NEWBOLD, LAURA
Winnipeg
A heart of gold and manners sweet,
With a dish of naughtiness, makes her
complete.



NICHOLSON, BETTY
Portage La Prairie, Manitoba

I have noted with pride that through thick
and through thin,
You cling to a thing till you do it;
And whatever your aim, you are certain
to win

Because you seem bound to stick to it.



PARKER, ROBERTA
Winnipeg
Those sparkling eyes and sunny smile
Have kept us going to the last long mile.
We hope in the future all her dreams
turn out right,
And that she'll be in bed by ten each
night.



PENNER, HELEN
Oak Lake, Manitoba
My lantern burns serene and white, an unexhausted cup of day.



PREFONTAINE, ALICE St. Pierre, Manitoba A laughing face, a cheerful smile, Eyes that send forth light, Make the darkest places bright.



PUSHKA, LORETTA
Winnipeg
Beneath that quiet exterior, there lies an impish spirit known only to her friends.



RUTTIG, PHYLLIS
St. Boniface
As a friend she's swell,
As a nurse she's great,
And with the patients,
She's certainly top rate.



SANGSTER. DIANA Kenton, Manitoba This being has God, and love and life; These stand, all else shall pass away.



SCHWIRTZ, SYLVIA
Winnipeg
Fair of hair and flashing eyes,
The mischievous look, she can't disguise.



SETTEE, DENISE
Matheson Island, Lake Winnipeg
It is stern work; it is perilous work;
To thrust your hand in the sun
And pull out a spark of immortal flame
To warm the hearts of men.





SHELEST, JOSEPHINE
Winnipeg
She is full of spice and lots of fun,
Who keeps hearts moving on the run.



SHEWCHUK, VERA
Ethelbert, Manitoba
She's joking, she's clowning,
Not studying, not frowning;
She's winking, she's flirting,
But her duty not shirking.
To her friends she's a pal sincere
And we know she'll succeed in her career.



SIEMENS, ELFRIEDE
Horndean, Manitoba
Your soul shall be where the heroes are,
And your memory shine like the
morning star.



SIWAK, SYLVIA Angusville, Manitoba Laughter or mood, it all depends, In every nook she finds a friend.



SKINNER, ELIZABETH Vancouver, British Columbia She's rich in spirit, gay and brave.



SMITH, ROBERTA
Winnipeg
All joys and passions that Mankind
may know,
By you were nobly felt and nobly sung.



TOUTANT, CLAUDETTE St. Boniface No one knows what he can do till he tries.





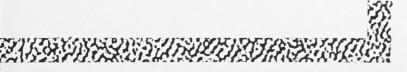
TOUTANT, RITA
St. Boniface
She that was ever fair and never proud,
Had tongue at will, and yet was never loud.



VENUS, BARBARA
Sprague, Manitoba
But you in calm and hurricane the same;
relent with gay lips, brave heart and unbowed head.



WOLK, BARBARA
Winnipeg
Her warm heart and shining smile
Make her a friend who is worthwhile.







WOODEN, BARBARA
Winnipeg
How dull it is to pause, to make an end,
to rust unburnished—not to shine in use.



WOWK, DONNA
Winnipeg
A nod, a glance, a fleeting smile;
A twinkle in her eye.

### THE END OF A NURSE'S DAY

Four o'clock! And the nurse's work Was done for another day! She heaved a sort of tired sigh And put the charts away. Then sat for a moment and bowed her head Over the little white desk . . "I wonder," she said to herself, "after all, Am I really doing my best?" "Perhaps I could have begun the day With a brighter, cheerier smile, And answered the bells with . . . 'Right away' Instead of 'After a while.'" "And I might have listened with sweeter grace, To the story of Six's woes; She may be suffering more, perhaps, More than anyone knows." "And I might have refrained from the half-way frown, Although I was busy then, When the frail little girl with sad blue eyes, Kept ringing again and again." "And I might have spoken a kindlier word, To the heart of that restless boy, And stopped a moment to help him find The missing part of his toy."

"Or perhaps the patient in Eighteen A, Just needed a gentler touch; There are lots of things I might have done And it wouldn't have taken much." She sighed again and brushed a tear, Then whispered . . . praying low, "My God, how can You accept this day, When it has been lacking so?" And God looked down . . . He heard the sigh, He saw that shining tear; Then sent His Angel Messenger To whisper in her ear . . . "You could have done better today, But, oh! the Omnipotent One, Seeing your faults, does not forget, The beautiful things you have done." "He knows, little nurse, that you love your work In this house of pain and sorrow, So gladly forgives the lack of today, For you will do better tomorrow." The nurse looked up with a grateful smile, "Tomorrow I'll make it right;" Then added a note in the order book, "Be good to them tonight."



# VALEDICTORY ADDRESS

This is a day of memories and a day of resolutions. It is one which symbolizes both the completion of three years of education and the commencement of a life of learning and service.

"Yesterday is history
Today we prepare for tomorrow
And tomorrow will soon be today."

How very true are those words! It is almost unbelievable that the day of our graduation is now upon us. It is one for which we have been readying ourselves for three years. Suddenly we find it has arrived, and that there are many more tomorrows for which we must prepare. — But before we speak of the future, let us consider the past, and all those who contributed to the success of our three years of professional education.

Our thoughts turn first to our parents and guardians who are seated here with us today. To you — Thank-you — these are simple words, but ones which we say with deep sincerity and with all our hearts. It is because of your undying love, support, generosity, encouragement, strength, and foresight that we stand proudly before you today. We hope that as nurses, we shall be able to repay you in some small way for all you have given us.

We shall always remember the Sisters, too. Your serene presence and your unsurpassed love of fellow man will be remembered for the rest of our lives. You have set for us a magnificent example of devotion to duty! — Sr. Bonin and Sr. Desbiens, we are more than aware that your efforts during the past year have been directed towards the building of an unexcelled School of Nursing. The students of the future will indeed be fortunate, and we, ourselves, are proud to be graduates of your School.

Our thoughts now focus on the faculty. With your understanding guidance toward a more inquiring mind, we have come to realize the untold scope for expansion and advancement in our profession. You have taught us to think of nursing in a way that differs from that of the nurse of the past. Because of this, we shall become more forward thinking and better nurses. You have stimulated us; you have taught us; and we thank you.

To the Doctors and internes, also, we owe a profound debt of gratitude. You directed and encouraged us when we knew not what to do next, nor how to do it. — You have been very patient in answering our innumerable questions, and have given freely of the knowledge which you possess and which we value so highly. Even your occasional stern command or reproof spurred us on to greater proficiency in thought and in deed.

We would be remiss if we did not mention the members of our alumnae, and the graduates of other hospitals who are employed at St. Boniface. — Thankyou for preparing the way before us and for your willingness to impart knowledge and suggestions which have made our paths easier. It is because you saw the opportunities for improvement that our school is advancing and its standards are continually being elevated.

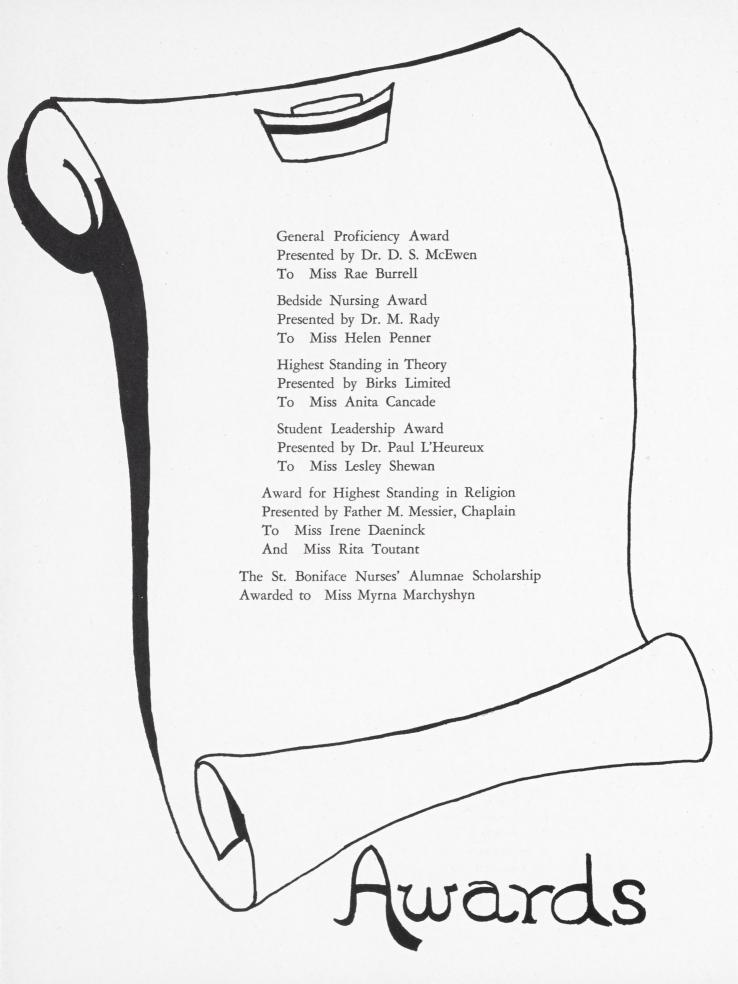
To place a value on the endeavors on our behalf of all these people before we taste real life is a formidable task, but we are confident that as our own lives mature, we shall appreciate increasingly the wisdom which they possess, and which they have attempted, with all known methods, to transfer to our receptive, ever striving, but forgetful minds. Because we have this confidence, we are able to thank them sincerely for all they have done with us and for us. We have been capably led in our quest for "Whatever Things are True", and each of us has developed skill to carry out her task. We are indeed proud to be graduating from the St. Boniface General Hospital School of Nursing!

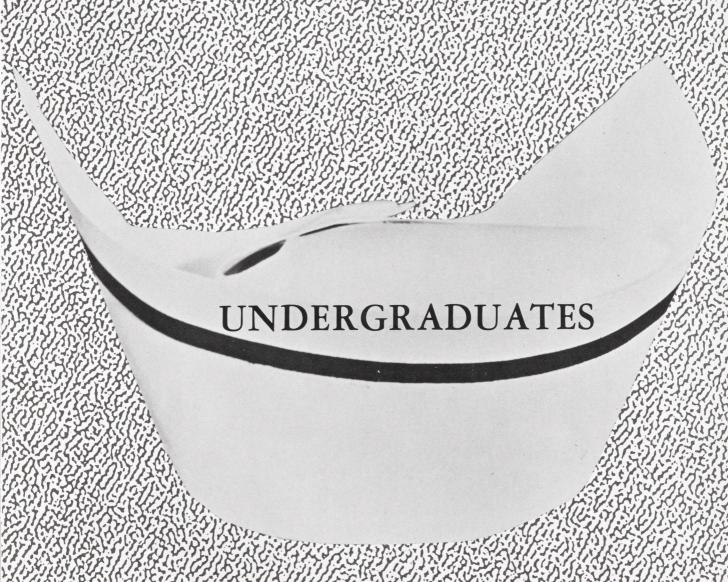
As we look ahead to the later 1960's and 1970's. we realize the responsibility and trust that has been placed on our shoulders this afternoon through the receiving our diplomas. We go forward with vastly differing expectations of the world's impact upon us, and of our own slight thrust upon it. As graduate nurses, we must be ready to accept leadership, and equally ready to be good followers. Our foundations have prepared us for a task, a task which will become greater as time moves on. — Because the world in which we live is changing so quickly, the future of nursing care and nursing education is being altered rapidly, and advancing at almost breath taking speed. Thoughts as to what nursing should be are being evaluated, and slowly but surely it is emerging as a profession, one which will play a significant role in the troubled but ever progressing years ahead. - As nurses we shall have to learn more than ever to keep abreast of the transformation which is taking place, and to be ever better leaders in our community. Our thoughts on nursing itself, must, of necessity, undergo a change. We shall be required to speak up for nursing, to contribute to the elevation of its standards, to be nurses to whom others look for an example of a better way of living. — We must strive to be such an example of our profession that others will say with admiration and respect, "She is a Nurse".

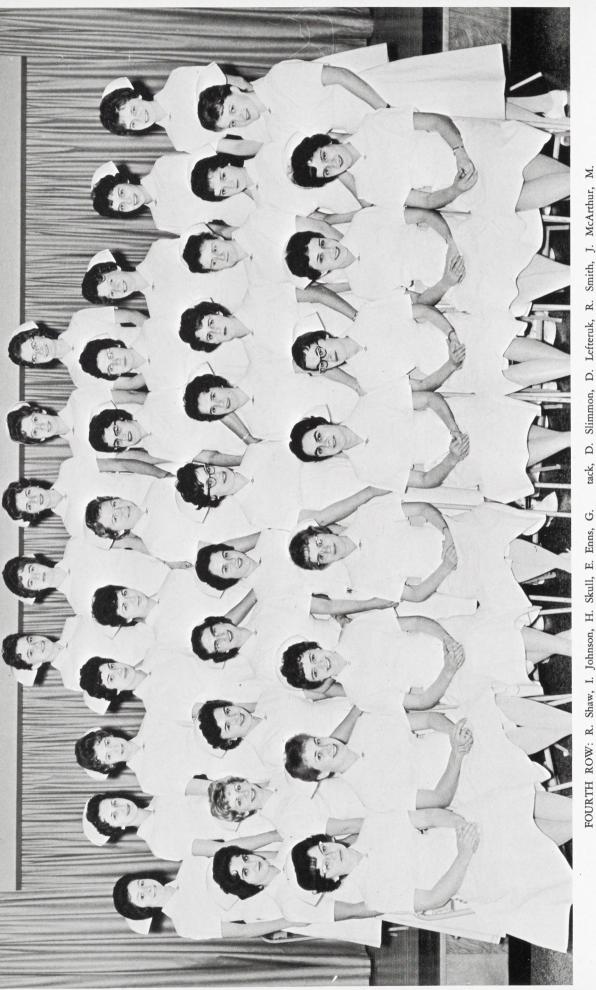
We must press onward, ever mindful of the doors of knowledge which are open to us. May we meet the new opportunities with a spirit of service and dedication — and in the words of Abraham Lincoln —

"With malice toward none; with charity for all; with firmness in the right, as God gives us to see the right, let us strive on"

> Rae Burrell Valedictorian







Vorh. THIRD ROW: Y. Normandeau, S. Cherewick, E. Mc. Smith, D. Bu Niven, E. Rerie, S. Goss, E. Friesen, E. Delichte, H. Rempel, A. son. THIRI Dick, V. Lounsbury, E. Quiring. SECOND ROW: M. Shep- Fisette, D. D

tack, D. Slimmon, D. Lefteruk, R. Smith, J. McArthur, M. Smith, D. Bulman, E. Ateah, H. Wiebe, M. Rodgers, H. Ingaldson. THIRD ROW: D. Decorby, B. Nash, L. Coyston, M. Fisette, D. Desrochers, N. Braun, M. Plischke, S. Leblanc.

# JUNIOR YELLOW BANDS- '63A PARTIES

### CAKE A LA '63A

### Blend:

- 3 beaming smiles Elfrieda Quiring, Simone Leblanc, Diana Lefteruk
- 2 ounces of fun Marion Smith, Marianne Plischke
- 2 pounds of laughter Eileen Delichte, Marie Fisette Add:
- 3 cups of romance Norah Wright, Vera Lounsbury, Helen Ingaldson
- 1 handful of curly hair Betsy Nash
- 2 constant gigglers Hertha Rempel, Dianne Decorby
- 1 dash of spice Lynne Coyston
- 2 teaspoons of sweetening Deanna Bulman, Sonia Cherewick
- 2 good scholars Helen Wiebe, Ruth Smith
- 2 ounces of Molasses in January Eleanor McNiven, Marilyn Rodgers
- 3 good eggs Erna Enns, Anne Dick, Gertrude Voth

### Mix In:

- 2 cups of charm Sheilagh Goss, Marcella Sheptack
- 1 slight silent type Norma Braun
- 1 cup sauce Janice McArthur
- 1 dash of oriental food lover Eileen Ateah
- 2 sprinkles of demureness Elaine Rerie, Denise Desrochers

### Fold In:

- 1 stick of dynamite Ina Johnson
- 1 drop of artistic colouring Helen Skull

### Sift:

- 2 little wits Dawna Slimmon, Yvonne Normandeau Sprinkle Immediately With:
- 1 handful of nuts Elvira Friesen, Ruth Shaw, Marilyn Wirtz
- Beat well with one used femur and bake at ward temperature for three years (less holidays).

Here's a recipe tested and true That we're oh, so willing to bring to you.



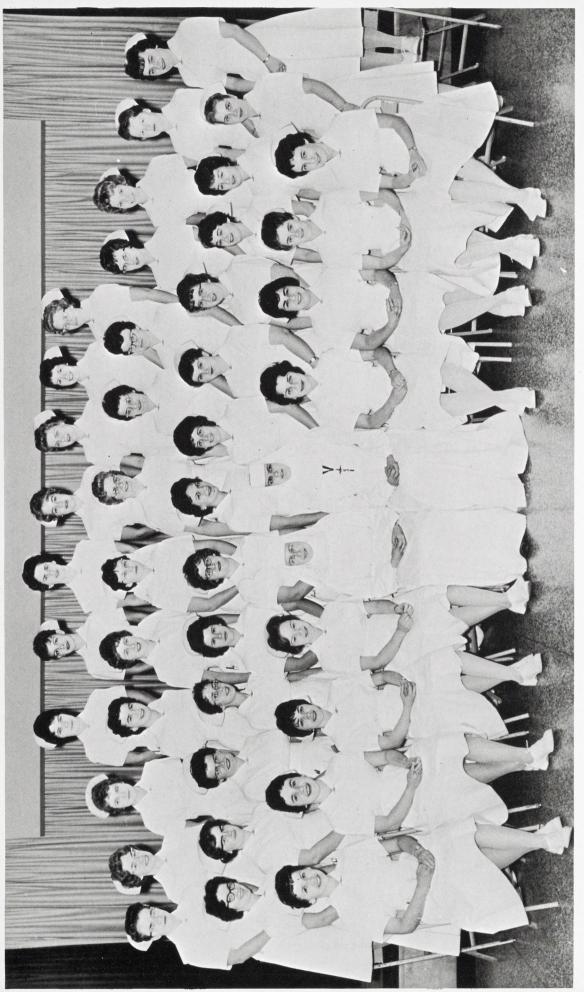
Norah — Through the looking glass.



R. Smith, N. Wright, R. Shaw, M. Rodgers. That cake must be delicious.



M. Plischke, L. Coyston, H. Skull. Life is fun, isn't it!



FOURTH ROW: S. Trimble, J. Cowan, G. Jacksteit, D. Prior, H. Hutton, J. McLean, D. Hall. THIRD ROW: D. Decosse, B. Johnston, B. Joy, Y. Belot, D. Smando, P. Anderson, J. Johnson, M. Herman, P. Gauthier, I. Enns, S. Sowtis, R. Andrews, S. Schiefele. SECOND ROW: I. Boulanger, P. Morrice,

J. Gillis, E. Richmond, P. Roney, L. Kammermayer, M. Musick, N. Strickland, E. Ward, K. Levenick, J. Pilek, J. Bourgouin, M. Nielsen. FIRST ROW: J. Falloon, M. Achtem, L. Leger, M. Donahue, Sister Gloria, Sister Stanislaus, M. Kish, S. Keil, B. Joyce, S. Hawrysh.

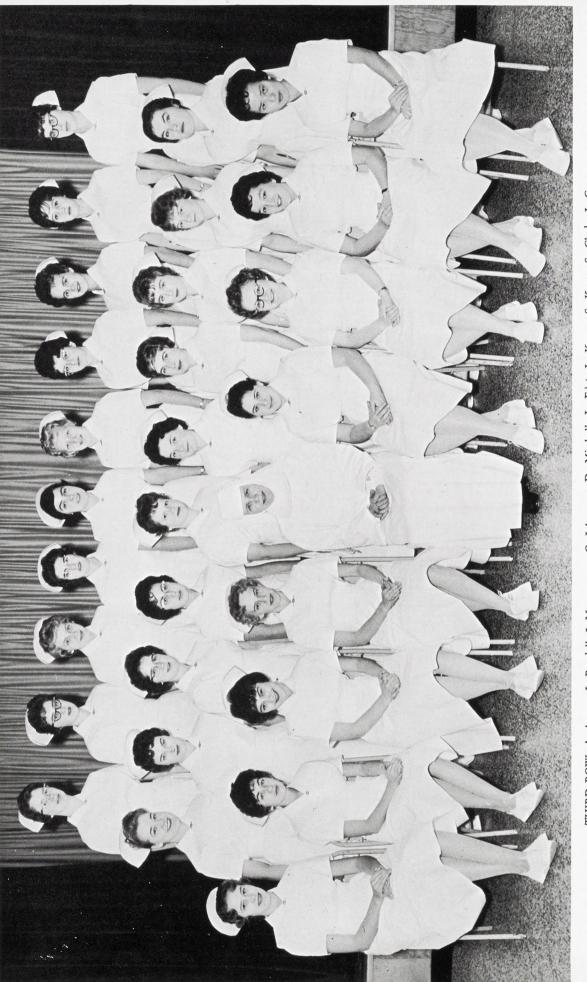


# SENIOR BLUE BANDS- '63B



- SISTER GLORIA A kind word for all she meets; a ready smile for all she greets.
- SISTER LAGASSE Her ways were the ways of pleasantness and her paths the road of peace.
- SISTER STANISLAUS A heart of gold and manner glad. Always laughing, never sad.
- MARY-GAIL ACHTEM Late to bed and last to rise. Always ready to lend a helping hand.
- PAT ANDERSON Why the skyward look in your eyes? What is the attraction up there anyway?
- RETA ANDREWS "Carrot Top" Envied by all for her magnificent scrubs in the T and A room.
- YVONNE BELOT One of 63B's more lively who looks at you with her big brown eyes and says "I don't care, it just isn't fair."
- IRENE BOULANGER Petite and quiet, a very conscientious nurse. Often seen with a worried and perplexed look saying, "Do you really think so?"
- JEANNE BOURGOUIN Usually found planning some mischief with Irene.
- BARBARA BOWN Why those unexpected phone calls and mysterious Tues. dates, Barb?
- MAUREEN BULGER "I only had ten hours sleep last night". Spends her time thinking about Saskatoon.
- JANYS COWAN Eagerly looks forward to phone calls every time. Who is it tonight, Jan?
- DIANE DECOSSE Quiet and reserved. We wonder what the attraction in Somerset is?
- MARLENE DONAHUE This fair-haired miss has a sparkle in her eye to match the one on her finger.
- IRMGARD ENNS "Why all this toil for the triumph of education?"
- ERNA FALK Usually found cutting out pictures in the O.R. Things are pretty slack on the weekends, eh Frna?
- JOAN FALLOON "A friend in need is a friend indeed" Always willing to lend a helping hand.
- BETTY FUNK Quiet ways and a pleasant smile make Betty a friend to all.
- JAN FUNK What is it about the O.R. dress that Jan finds so attractive? We hear she even wears it to bed.
- PAULETTE GAUTHIER Someday her Prince Charming will come along but Polly will be working shift.
- JOAN GILLIS Remember those nights in P.S. Joan? "Now take a deep breath . . . .
- DOLORES HALL "Still waters run deep" Quiet and friendly.
- SHARON HAWRYSH "Mighty Mouse, in white" She may be small but oh those muscles!
- MAUREEN HERMAN "What, me worry?" Can you you imagine Herman taking anything seriously?
- HELEN HUTTON One of the quiet members of our class.
- GERTRUDE JACKSTEIT Calm, efficient and ever ready to share a joke or lend a helping hand.

- JOYCE JOHNSON Usually found in the Dressing Room sterilizing instruments.
- BARBARA JOHNSTON Pet Peeve: People who move furniture at one o'clock when the night nurse is trying to sleep.
- BARBARA JOY "A daughter of the gods was she; divinely fair and so divinely tall".
- BEVERLEY ANNE JOYCE "Coffee, tea or milk?" Keeps us all entertained during lunch hour with excerpts from Shelley Berman.
- LUCILLE KAMMERMAYER "Watch out or I'll throw a convulsion". Can you imagine "Bunny" ever frowning?
- SHARON KEIL Can be found trying to keep awake on 3C nights by writing to Paris, France.
- MYRNA FAY KISH Oh, I'm just so busy." Always ready for fun and foolishness.
- MARCELLA LACHANCE True blue is our Marc. Her gay laugh and sweet smile cheer everyone up.
- LORRAINE LEGER "This time we've broken up for good".
- KAREN LEVENICK Don't let that shy smile fool vou.
- DOROTHY LOWEN Best point: her long red hair. Usually found in some conspiracy with S. Sowtis.
- JUDITH MCLEAN Quiet, with a sweet smile. A good nurse and friend to all.
- PATRICIA MORRICE Marianna's partner in crime. How are you on remembering last names Pat?
- MARIANNA MUSICK "His first name was Don, but I just can't remember his last name."
- MARLENNE NEILSON Full of fun and mischief: A friend to all.
- JEANNETTE PILEK "It's 8:30 and I still haven't got my phone-call".
- DOROTHY PRIOR Dot's sparkling personality and cheery manner endear her to all her friends.
- ELAINE RICHMOND Ambition: To catch a U. student with a sports car. Ten years later: Still trying.
- PATRICIA RONEY The only girl in 63B with a permanent reservation on cloud nine.
- SHIRLEY SCHIEFELE Our brunette Bomber from the north pleases every one with her charming ways and cheery smile.
- DOREEN SMANDO "Well for goodness sakes!" Appears quiet until you get to know her.
- SHARON SOWTIS "I can resist anything but temptation".
- NORMA STRICKLAND Favourite pastimes: Bruce, writing letters, Bruce, waiting for buses and Bruce.
- SALLY ANN TRIMBLE '63B's charming class president. Favourite pastime: selling nylons.
- EILEEN WARD The only girl of 63B who says "Shalom" with an English accent.



THIRD ROW: A. Agnew, L. Randall, J. Montgomery, G. Johnston, W. Iseli, V. Wiebe, M. Evans, B. Anderson, E. Day, O. Jobin. FIR SECOND ROW: D. Copeland, D. Toutant, S. Fisher, S. Jamault, Rose

D. Mitchell, L. Edel, L. Kuntz, S. Keats, S. Clark, J. Cowan. FIRST ROW: E. Carter, W. Friesen, M. Nick, L. Lane, Sister Rose, J. Lazaruk, M. Penner, R. Myers, M. Po.



# JUNIOR BLUE BANDS- '64A



SISTER ROSE — Willing hands and a ready smile makes Sister Rose endearing to all.

REDFERN AGNEW — Tall, efficient redhead, who's always on the "go"

BETTE ANDERSON — This lovable blue eyed girl is always in a whirl.

ETHEL MAE CARTER — A tall blond gentle girl with a well planned future.

SHARON CLARK — Short in stature but tall in personality. DOROTHY COPELAND — Tall blond with a pleasant smile and an "inquisitive" mind.

JO-ANNE COWAN — The non-conformist of 64A. Who's swift, efficient, poised and gay.

BETH DAY — The fiery Irish lass — with personality and class.

LORRAINE EDEL — Quiet, patient, devoted and shy — You'd think she was an angel???

MYRNA EVANS — Quiet and shy but with a warmth that glows for all who know her.

SHIRLEY FISHER — Laughter and fun in one lump sum. Shirl's social calendar is always well filled.

WANDA FRIESEN — Favorite expression "yes . . . but!"

Favorite pastime — going home after work.

DIANE GILLIES — A tall, talkative redhead? who's ready to try anything new.

WILMA ISELI — Softness and strength all in one package. With answers so helpful, calming so sage!

SIMONE JAMAULT — Simone the girl with smiles and charm. Wins anyone's friendship and does no harm.

ONALEE JOBIN — Onalee we've seen is an award winning gal. Cool and serene, always a pal.

GLYNIS JOHNSTON — Hail Binscarth, Man. and all its many wonders! For shame we have stolen one in our own Glynis!

SHARON KEATS — Dauphin, O Dauphin, Hail and praise to Dauphin! What we'd like to know is . . . What's Dauphin got that Winnipeg hasn't?

LOIS KUNTZ — A bright, blue eyed bouncing miss, who loves to go Bob sleighing, But thinks she's been missed if she is not enjoying Small things.

LILLIAN LANE — Always gay and full of laughter. This blue-eyed blond from Saskatoon is a welcome addition to our class.

JULIANA LAZARUK — The fun loving girl from Pine Falls. Who's laugh can be heard in all the halls.

CAROLE MCKINNON — This confident, efficient young nurse always ready with advice and answers is an abundant source of humour to all who know her.

ROSEANNE MEYERS — A bundle of vim and vigor and vitality . . . just bursting with the ability to keep us all in "stitches."

DARLENE MITCHELL — Stands just so high with turned up nose and Freckles. But lookout! surprises come in small packages.

JOAN MONTGOMERY — Our friendly talented gal. Who's motto . . . believe all!

MAUREEN NICK — Full of vitality and fun, with a joke for everyone.

MARJORIE PENNER — Thorough, meticulous, but when she is peeved, watch out or you'll get heaved!

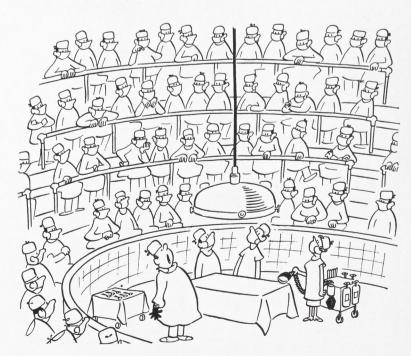
MAY PON — Our shy little gal from the West who's oriental delicacies are the best.

LEONA RANDALL — A rosy cheeked lass who hails from Birtle, Man., so thoughtful and reserved sometimes and yet? DOREEN TOUTANT — This serene, pleasant lass is the president of our class.

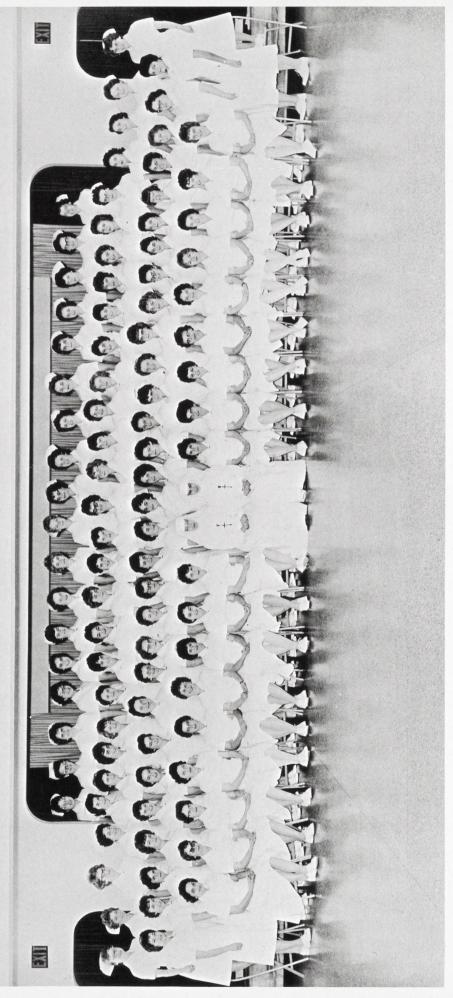
VICTORIA WEIBE — This charming blond (peroxide)? is known to enjoy trips to the University of Man. to see her brother (and his friends of course!!)

### THE INDISPENSABLE MAN

Sometime when you're feeling important, Sometime when your ego's in bloom. Sometime when you think that only you Are the best qualified in the room; Sometime when you think that your going Would leave an unfillable hole, Just try this simple example And see how it humbles your soul. Take a bucket and fill it with water, Plunge your hand in it up to your wrist: Pull it out and the hole that's remaining. Is the measure of how you'll be missed. You may splash all you like as you enter; You may stir the water galore, But stop and you'll find in a minute, That it looks much the same as before. The moral of this quaint example is Just do the best that you can, Be proud of yourself, but remember, There is no "INDISPENSABLE MAN".



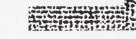
"Is there a patient in the house?"



FOURTH ROW: J. Sawatzky, J. Halpenny, L. Ross, M. Sauve, G. Smith, E. Warman, G. Cornthwaite, A. Kazina, C. Golightly, M. Kilfoyle, H. Remple, J. Lemoine, E. Putnins (Mrs), B. Borkowsky, G. Reeve, D. Hill, L. Boulet, B. Janz. THIRD ROW: C. Grose, J. Crump, E. Petracek, L. Overby, P. Martin, L. Sexton, M. Jakul, B. Coutts, B. Bozynski, S. Coker, L. Jasienczyk, N. Spriggs, K. Bozek, G. Ross, F. Hall, L. Bain, B. Metcalfe, V. Jurewicz, M. Low, A. McRae, C. Clark, C. Baczynsky, F. Gregoire, E. Marion, L. Chanel, M. George, J. Jubinville, P. Hyde, D. Dean. SECOND ROW: H. Peters, L. Faucher, L.

Miller, L. Peters, L. Killoh, E. Szymanski, B. Lentowicz, E. Sokoloski, M. Enns, L. Brewer, M. Sims, E. Gimbel, I. Dunlop, L. Vigier, N. Graham, M. Barefoot, M. Aune, L. Walker, P. Langham, E. Klassen, D. Dacquay, C. Friesen, M. Delorme, J. Braun, D. Camyre, K. Dappen, S. Nikkel, M. Prefontaine, D. Lyons, L. Thomas. FIRST ROW: J. Rumak, B. Johnson, M. Marchand, M. McEachern, J. Boyko, L. Wel, B. Thorsteinson, L. Hadder, L. Prince, Sister Eugenia, Sister Leona, M. Bedard, L. Bezeau, A. Marion, B. Kulicki, L. Hunt, J. Grimard, J. Christenson, M. Pollock, J. Constant.

## FIRST YEAR STUDENTS '64B



SISTER EUGENIA S.S.M.I. — If there is good within us, we shall see good wherever we go.

SISTER LEONA S.S.M.I. — We must do the best we can with what we have.

MARILYN AUNE — Some weary heart shall gladden at thy smile, Some weary life shall know sunshine for a while.

CAROLYNNE BACZYNSKY — Brings a ray of sunshine into everyone's life with her cheery words and friendly smile.

LOUISE BAIN — Although she isn't popular for her artistic ability; just skim through her notebooks . . . Fab!!!

MARIE BAREFOOT — Champion at "X's and O's" and writing exercises especially capital K.

MARGARET BEDARD — Says: "Gee I'm tired"; Dislikes: Rising early.

LIETTE BEZEAU — Always manages to make it to class at the last minute. Since she is from Calgary her natural pet peeve is the Edmonton Eskimos.

BERNICE BORKOWSKY — Class president. Fraulein from Steinbach. Quote: "I haven't met a man I didn't like"

LUCE BOULET — Our French speaking mademoiselle who believes that sewing and dancing come next to nursing.

JEAN BOYKO — A friend to all, especially to her male patients who insist there is no one like her.

KATHY BOZEK — "Martha Muchless" was a smashing sloppy Broadway success, but K.B. is a tall, slim, pert and pretty friend.

BEVERLY BOZYNSKI — "It's just driving me up a wall!" With emphasis.

JULIA BRAUN — Quiet in class but after dismissal anxiously awaits the ringing of her buzzer.

LORRAINE BREWER — Friendly blue-eyed blonde Whose scholastic abilities are a credit to 64B.

DONNA CAMYRE — Phone addict. Studious and attentive until that buzzer rings.

LUCILLE CHANEL — Dislikes buzzers, cats, boys — whoops — wrong girl? Pastimes — sleeping, what else?

JOANNE CHRISTENSON — Pert little miss from Weyburn, Sask. Has high ambitions. Loves to wear "Terry"lene blouses.

CYNTHIA CLARK — Real smart girl who'll never tell the name of her Ottawa interest.

SHIRLEY COKER — 64B's Secretary-Treasurer. "I love everything that proves interesting."

JACQUELINE CONSTANT — Marks the week with her Friday afternoon giggling. Loves music and dancing.

GWEN CORTHWAITE — Intelligent redhead with a ready answer for all Miss Peacock's questions.

BEVERLY COUTTS — Petite blonde from St. Boniface. Likes hula dancing and sleeping late.

JUDIE CRUMP — Saskatchewan's loss. Manitoba's gain. Heart still lies in Welwyn.

DENISE DACQUAY — Says: Yuk, Yuk. Denny just loves sleeping in on the mornings of study.

KAREN DAPPEN — Hails from Hallock, Minnesota. Favourite saying: "After I finish signing in . . ." Her heart is in another country. She's not a traitor.

DOROTHY DEAN — Laughing and talking in the halls. From Oak Lake, Man.

MARQUERITE DELORME — Brown of hair and dark of eyes, Margie's a bundle of surprise.

ISABELLE DUNLOP — A seasoning of humour helps to swallow the bitter pill of study with a smile.

MARTHA ENNS — Favourite saying: "Girls! If you please . . ."

LAURETTE FAUCHER — Possesses a characteristic giggle which makes itself known in the most conspicuous way.

CATHLEEN FRIESEN — A girl with angelic looks who sings out of classic music books.

DONNA GALLANT — Pet Peeve: Infirmary. Favourite expression: "Four more nights and I go home"

MARCELLE GEORGE — "Petite Sam" is rarely seen among her enormous classmates. Receives multi letters from home.

ELLA GIMBEL — Alvin is a real riot when she's wound up, and imitates certain people exactly.

CAROL GOLIGHTLY — Tall blonde who is 64B's social rep. Member of the "Noisemakers Anonymous"

NANCY GRAHAM — Maybe one night soon, (she hopes) she will make it to bed before 12 o'clock.

FERNANDE GREGOIRE — Does she really think she'll get any mail or does she just like playing with the complicated combination.

JEANNE GRIMARD — "Why do all these people cluster around, fluster and bother me when I'm trying to practice piano lessons."?

CAROL GROSE — From Flin Flon who has a sudden craving for proteins, carbohydrates and fats around noon.

LORRAINE HADDER — Although her marks are the best she says before and after every one "I'll never pass that test".

FRAN HALL — The "late" Fran Hall is 64B's artistic press agent-like publicity rep. Frequently — "But I can't remember where I put it"

JO-ANN HALPENNY — The outdoor kind. Thinks pharmacology ruins the mind.

DIANE HILL — Hails from Flin Flon. The "old Italian fish vendor" Diets (?) in spasms.

LINDA HUNT — Small but mighty. Smart, beautiful, talented and co-editor of this write-up.

PAT HYDE — Music is her first love, but she is efficient in everything she does.

MARILYN JAKUL — Her height contradicts her cuteness; her reservedness — her intelligence.

BRIGITTE JANZ — Characterized by friendliness, determination to succeed, industriousness, sincerity and a contagious smile.

LORNA JASIENCZYK — A real cool cat. Can often be heard screaming "You rat".

- BETTY JOHNSON Short and sweet; Plays the pianc with a crazy beat.
- JOHANNE JUBINVILLE When the teacher dictates notes she often says, "What did she say?", "What was that?".
- VERNA JUREWICZ Addict for rock 'n roll. Is a real "nut, nut" in her own peculiar way and a ball to know.
- AUDREY KAZINA Constantly calling her roommate okay, but in class when the width of the class-room separates them ????
- MAUREEN KILFOYLE Studies under the influence of her radio. Known for her height and "excess" adipose tissue (?).
- LYLA KILLOH Always friendly and gay; Lyla should go a long way.
- ELSIE KLASSEN The innocent look is no disguise; For mischief lurks in both her eyes.
- BETTY KULICKI From the wilds of Alberta (Peace River District) . . . Brought us a new word . . . "indoubetably"
- JEANETTE LEMOINE Fun-loving lass from St. Agathe. Manages to keep her friends in giggling stitches . . . Says, "Good Gosh"
- PATRICIA LANGHAN Doodles all over her book covers when bored. Enjoys counting days for next weekend, starting on Monday.
- BEATRICE LENTOWICZ Hazelridge, Man., is her home. Favourite saying: "I hope I passed that test".
- MARILYN LOW Likes talking on phone to G.M. Hobby telling corny jokes.
- DONNA LYONS Continuous glowing smile amplified by her most super sonic laugh. Choice expression: "What a nut".
- MARGUERITE MARCHAND When in search for "Miss Marchand", try the practice room since she spends her leisure hours playing the piano in this vicinity.
- AGNES MARION Another "petite" of our class. Believes that nurses, 'Marcy' and rock are a blast.
- EDITH MARION A fashion girl with that jagged look that we're sure she got from the latest book.
- PHYLLIS MARTIN Livens the life with a capital "L". Pet peeve: Sadness.
- BETH METCALF Excelling scholar who's hard to beat, with a friendly smile for everyone she meets.
- LORRAINE MILLER Is a sincere friendly lass; has a cheerful word in and out of class.
- MARGARET MC EACHERN Can always be heard saying: "May I take your pulse?".
- ARLENE MCRAE Has the habit of becoming very giddy on Friday afternoons especially in Nutrition class.
- SUE NIKKEL A former college student. A native from across the mountains (Vancouver, B.C.)
- LUCILLE OVERBY They say that she has the makings of an actress wrong profession Overby!
- HEDY PETERS Small girl with a big smile Main interest: Vern.
- LYNDA PETERS Talk, talk, all the time Only at night a character sublime.

- ELIZABETH PETRACEK The lonely redhead from Saskatchewan, Who clashes with Jasienczyk in opinion.
- MARILYN POLLOCK Brunette from Hamiota who devotes half of psychology class looking for last day's notes.
- MADELAINE PREFONTAINE A pert French miss whose, "Oh no, this is another one tonight," keeps us laughing.
- LYNNE PRINCE "I'm a winter baby and a first child What a combination!"
- MRS. E. PUTNINS The first and only married student of the school. Always seen with a warm, pleasing smile.
- GAYLE REEVE Pert, cheerful, peppy and gay, is Gayle who comes from Kenora way.
- HELEN REMPEL Quiet, studious lass; A real asset to our class.
- GAIL ROSS Ambition: to be an "Angel of Mercy" in the armed forces, (A.F. of course). Don't fly too high Gail.
- LINDA ROSS Silence is one of her virtues. Claims to have no interest in boys. S'matter, you sick?!
- JOAN RUMAK Avid sports fan, especially hockey. Never cross, always ready to do a friendly deed.
- MARIE SAUVE Dark hair, complexion and eyes; White uniform and friendly smile that's Marie.
- JOHANNA SAWATSKY Forever dropping pens and books. Says: "I don't know".
- LINDA SEXTON Never takes things too seriously. Pet peeve and favourite saying are both "Ted".
- MARIE SIMS Pastime Waiting upstairs for her date, while downstairs he waits for her. Pet Peeve: Finger nails scratching on blackboard.
- GAIL SMITH Very scientific mind: Has to have an answer for all her questions.
- ELIZABETH SOKOLOSKI A wonderful girl with a heart of gold, But a pulse that is deeply within her stowed.
- NANCY SPRIGGS Shy, but friendly as can be, For she is mannerly and modest, you see.
- ELAINE SZYMANSKI "Oh, my goodness" commonly heard, Usually quiet as a bird.
- LYNDA THOMAS Dark haired: From Victoria Beach, Manitoba. Favourite saying: "Hey, you guys!" (Guys??)
- BEVERLY THORSTEINSON From Atikokan, Ont. Never finds time to listen to the present lecture because she's too busy copying notes from the last one.
- LUCIENNE VIGIER A good laugh and a good time doesn't interfere with her studying. "Certain ma catin"
- LYNN WALKER Our little nurse who strives to make a success of the profession especially at A. & P. and "metabolism".
- EVELYN WARMAN Always thinks she'll fail but gets good marks. Says: "Well, that's that," and "He's only a friend".
- LESIA WEL Favourite saying: "What, me study; didn't even open a book"; but somehow always manages at least 90%.



# **RESIDENCE**

**STAFF** 





SISTER'S SECRETARY Mrs. Smith



AT THE SWITCHBOARD Mrs. M. L. McKay, Mrs. E. Hammerback, Mrs. B. Bedard



OUR SECRETARIES Mrs. E. DeMontigny, Miss C. Guillon, Mrs. I. Van Daele



HOUSEKEEPING STAFF
STANDING: Mrs. O. Quesnel, Mrs. I. Boelefar, Mrs. G. DeMare,
Mrs. R. Zeghers, Mrs. J. Le Morvan, Mrs. E. Chester. SEATED:
Mrs. I. Comeault, Miss V. Carriere

### SOCIAL REPORT

The social activities for the year 1961-62 started off in September when we held a "Probie Welcome Party" in the Sisters' Garden, where amid many strange faces, the one hundred preclinicals, senior, Sisters, and instructors enjoyed an excellently prepared buffet supper which the Sisters provided for us. Although the weather was chilly, the spirit of warmth pervaded inside the Garden. The class of 62B provided the entertainment in the form of a song-story, initiating the new students to the various wards in the hospital.

Now, as Christmas draws near, many heads are together planning our Christmas Variety Concert to be held on December 13th at Notre Dame Gymnasium. Included in the evening of entertainment, this year open to parents and friends, are dances from different nations, Christmas carols, the Glee Club presentation, two short plays, and last but far from least, the Nativity scene, this year being presented in narrative and music selections.

Our Christmas party in Residence will be held during the same week, at which time we will gather for an evening of fun and food. Santa Claus will reign as guest of honour, when he will present each girl with a gift.

Early in the new year, our first activity will be a school dance held at the Notre Dame Gymnasium, at which time we will be able to waltz to the strains of music drifting forth from our stereo Hi Fi.

Though, for the months of February, March and April, there are no school social activities planned, it is expected that the St. Boniface nurses will support the annual M.S.N.A. Valentine formal and other M.S.N.A. activities planned for this time.

To end the academic year, we are looking to the future and seeing the nurses from St. Boniface competing for the title of Miniature Golf Champion as we test our "athletic" ability at this sport.

In closing, I would like to extend my sincere thanks to all the Sisters for supplying the wonderful food that we had at our get-togethers, and to the Sisters and Instructors for taking such an avid interest in helping us plan and direct the different activities. A real big thank you goes to all the St. Boniface students who helped and supported all the social functions. Lastly, I would like to thank the Social Committee for working with me throughout this year to make it a success.

Myrna Marchyshyn, Convenor of the Social Committee.



Our student Sisters

GARDEN PARTY

**SCENES** 

Would anyone look "Lonely"er than Don-

R. Parker and M. Joyal. We didn't realize 4C was that cozy!

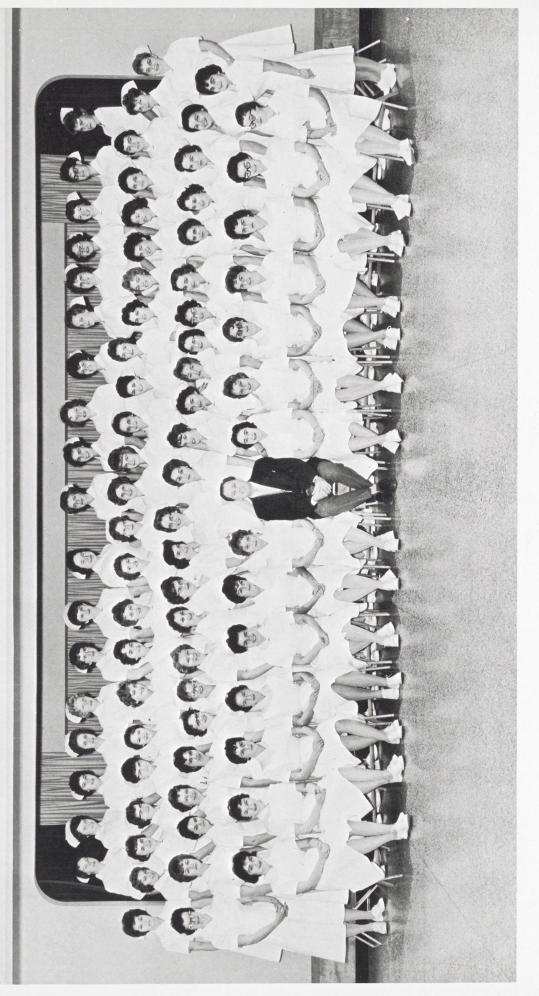




### SPORTS REPORT

The 1961 - 62 sports year was very active with bowling topping the agenda. Baseball, basketball, volleyball and track and field all helped to make this a successful year. Thank you to all for your enthusiasm and a special thank you to the sports committee for their help and cooperation through-out the year.

Dorothy Prior, Convenor of the Sports Committee.



# THE GLEE CLUB

FOURTH ROW: M. Sims, G. Ross, A. McRae, G. Reeve, V. Wiebe, K. Levenick, E. Ward, E. Sokoloski, H. Skull, G. Smith, G. Cornthwaite, N. Strickland, H. Penner, L. Ross, M. Sauve, J. McLean, F. Hall, L. Gauthier. THIRD ROW H. Peters, M. Prefontaine, S. Schiefele, P. Morrice, P. Langham, B. Bozynski, F. Gregoire, N. Graham, S. Smando, J. Lemoine, M. Marchand, V. Jurewicz, D. Dacquay, B. Borkowsky, C. Clark, E. McNiven, J. McArthur, C. Friesen, L. Bezeau, B. Thorsteinson, J. Rumak, W. Iseli, L. Prince, M. Neil-

son. SECOND ROW: P. Gauthier, L. Peters, J. Braun, B. Janz, D. Dureault, D. Lyons, C. Grose, E. Klassen, S. Cherewick, M. McEachern, P. Martin, D. Sangster, M. Gabriel, M. Pollock, D. Lefreruk, J. Grimard, G. Hutchinson, R. Smith, B. Funk, L. Miller, L. Hadder, E. Szymanski, C. Toutant, M. Joyal. FIRST ROW: M. Nick, D. Toutant, B. Lentowich, J. Boyko, R. Toutant, L. Thomas, J. Crump, Mr. K. Wilson, J. Jubinville, J. Constant, B. Johnson, L. Killoh, E. Ateah, M. Delorme, N. Braun.



What is that "joyful noise" coming forth from Classroom D? Why, it's 6:30 on Monday evening and the Glee Club is practising with its customary gusto. Some ninety students have come along to form an impressive and enthusiastic choir. The tremendous baritone voice that may be heard at one time asking for more volume and the next time filled with praise, belongs to Mr. Kerr Wilson, the distinguished director of the group. How thankful we are to have had his guidance for the second year.

It is now November 23rd, and there is a chartered bus waiting outside of residence for the uniformed girls to board. The Glee Club was off to the Royal Alex. to entertain at a convention of Manitoba's Mayors and Reeves. In December, a small section of the choir carolled for the old folks at the Notre Dame Day Centre. Other experiences included our part in the school's Christmas Concert and in the graduation exercises. Mrs. Wilson gave generously of her time in order to accompany on the piano at these outings.

With special gratitude, the members of the music committee thank Sister Desbiens for her constant interest and support. Our new music was wonderful and our appreciation is extended to the student council which purchased it. Do you remember "Dry Bones" and "Fantasy of Nursery Rhymes"? The members of the Glee Club are convinced that music is truly a "gracious art".

Diana Sangster Convenor of the Music Committee

### THE MUSIC COMMITTEE

H. Goerz R. Parker

M. Fisette

T. Jacksteit W. Iseli

P. Hyde

# RESIDENCE REPORT

Among our activities this year has been the sponsoring of a Personality and Social Behaviour course, which was held during the months of October and November, and enjoyed by those who attended.

Following the signing-in system devised by last year's committee, has, for the greater number of us been a pretty tedious task — at one time or another! This system, however, even with its many infractions, has nevertheless been very effective.

A sincere thank you to the Vice-President of each class, to Miss A. Weber, our faculty advisor, and to Miss Peterson, our residence matron, for your interest and cooperation throughout the year.

In closing, I would like to wish the incoming Residence Committee the best of luck.

Betsy Nash Convenor of the Residence Committee



Looking from Residence to Winnipeg across the Red.



G. Hutchinson, H. Penner, L. Cobb, F. Irving,D. Sangster, V. Johnston.

## SODALITY OF OUR BLESSED LADY

The Sodality of Our Lady is an organization, approved by the Holy Father, with the purpose of increas-



ing the personal holiness of it's members and of training them in charitable works for others.

The Sodality motto being "to Jesus through Mary", its aims being three fold — self-santification, sanctification of others and defence of the Church, reveals that Sodalists are aiming at perfection in their state of life.

The Sodalists strive to accomplish this by following the rule — daily Mass, daily rosary, daily mental prayer and various other prayers, and by an active apostolate.

This year the Sodality has sponsored various spiritual and apostolic activities. During the month of October, in honour of our patroness, the Blessed Virgin, the rosary was recited in a body daily in the residence chapel. Throughout the year monthly days of recollection and monthly Group Communions were held as a necessary part of our spiritual development. The Sodality also with the C.S.N.O. organized a group of students to assist the critically ill patients by praying with them.

In closing we would like to thank Father Barclay, our director for his guidance and understanding, Sister Bonin, our moderator, for her time spent with us, also the Sodalists and Probationers, and especially the executive for their enthusiasm and good work.

Mary Gail Achtem, Prefect of the Sodality



# NURSES' CHRISTIAN FELLOWSHIP

The Nurses Christian Fellowship is a part of a larger group, The Inter-Varsity Christian Fellowship, which includes similar groups at Universities, Medical Colleges, Teachers Colleges and other Nursing Schools in Canada. Our motto is "To know Christ, and to make Him known."

We meet weekly for fellowship with Christ, and with fellow students through Bible studies, programs presented by visiting hospitals, guest speakers or return missionaries. Also included in each weekly program is a group prayer meeting. Socially, we have

fellowship in such forms as weekend camps, variety programs, and monthly "firesides" with the Inter-Varsity group.

This year, seven of our nurses are planning to attend the Sixth Annual Missionary Conference of Urbana, Chicago in December.

N.C.F. is an interdenominational group which endeavors to provide a closer and deeper relationship with Jesus Christ, and through Him to draw the friendship and strength needed in our daily lives as nurses.

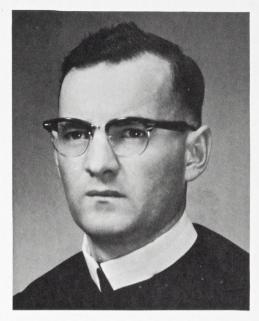
> Myrna Marchyshyn, President of N.C.F.

### THE RETREAT MASTER

May no one be less good for having come within your influence. No one less pure, less kind, less noble for having been your fellow-traveller on your journey to eternal life. May your life ever be lived in the supernatural, full of power for good, each day spent in the state of God's wonderful grace. May some little thing that you remember from your nurses' retreat of 1961 make you better nurses, better women, better Christians for all your life.

This is the prayer and wish of your Retreat Master.

Rev. Aloysius J. Rekowski C. SS. R.



Reverend Aloysius J. Rekowski, C.SS.R



# CATHOLIC STUDENT NURSES ORGANIZATION

The Catholic Student Nurses' Organization (C.S.N.O.), is a voluntary group of Catholic student nurses organized for the purpose of gaining a deeper knowledge of their Catholic faith, and of their duty as lay apostolates to aid the clergy and the apostolate (Catholic Action). It was first organized in the fall of 1959 under the name of C.S.N.O. along with a constitution. The first president was Shirley Brennan, who, along with her executive, laid the foundation of our present day activities.

What are our activities? At our meetings, held twice a month, we have group discussions, panel discussions and films on various topics. Also, to keep us well informed we have had several guest speakers such

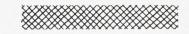
as Miss Sheila Keegan and Mr. Bill Moore from St. Ignatius Information Centre. For our enjoyment they showed us slides accompanied with explanations on the formation and activities of the Centre.

On November 15th, we held our annual Penny Carnival. Part of the proceeds were set aside to obtain gift hampers for the poor at Christmas, two fifths of the total profit was given to the Student Loan Fund and another part was set aside to help send student nurses to the C.N.A. Convention held at Vancouver, in June, 1962.

With the help of our heavenly patrons, Our Lady, Help of the Christians, and St. Joseph, the Worker, we hope we are fulfilling our duties of Catholic Action.

> Joanne Kostiuk, President of the C.S.N.O.

# M. S. N.A.





FIRST ROW, Left to Right: Judy Sigurdson, Peggy Queau, Faye Olson, Mrs. Britton, Janet Harland, Miss Cave, Joanne Bjarnson, Lynne Olson, Sandra Flanigan. MIDDLE ROW: Lynne Cardns, Dorothy Prior, Dianne Archer, Jean Corbett, Lillian

Thorvaldson, Myrna Marchyshyn, Judy Farnell, Lynne Coyston, Jean Kiddell, Donna Patterson, Joanne Warren. BACK ROW: Rose Marie Wiebe, Kathy Shatken, Lois Berg, Inge Gernandt, Lil Crampton, Sharon Hawrysh.



### OUR LINK BETWEEN HOSPITALS

The Manitoba Student Nurses' Association has as its objective: to provide social activity and good fellowship among the student nurses in the province of Manitoba. It is their aim to join together these seven hospitals through participation in meetings and social gatherings.

Such events as this year's Masquerade "Welcome Probie" party held at the General Hospital, a swim meet held in Misericordia'l lovely new swimming pool, a fashion show, and the annual M.S.N.A. formal are only a few of their yearly planned efforts.

Our attendance at these functions along with the Mass Meeting held at the end of each year show that we are active members in providing an everlasting bond between Manitoba's student nurses.

Lynne Coyston, M.S.N.A. Representative, St. Boniface General Hospital

# TO THE 1962 GRADUATES

### THE GOAL OF EDUCATION

It has often been observed that, when the eyes of an infant first open upon the world, the reflected rays of light which strike them from the myriad of surrounding objects present to him no image, but a medley of colours and shadows. They do not form into a whole; they do not rise into foregrounds and melt into distances; they do not divide into groups; they do not coalesce into unities; they do not combine into persons; but each particular hue and tint stands by itself, wedged in amid a thousand others upon the vast and flat mosaic, having no intelligence, and conveying no story, any more than the wrong side of some rich tapestry. The little babe stretches out his arms and fingers, as if to grasp or to fathom the many coloured vision; and thus he gradually learns the connection of part with part, separates what moves from what is stationary, watches the coming and going of figures, masters the idea of shape and of perspective, calls in the information conveyed through the other senses to assist him in his mental process, and thus gradually converts a kaleidoscope into a picture. The first view was the more splendid, the second the more real; the former more poetical, the latter more philosoph-

What are we doing all through life, both as a necessity and as a duty, but learning the world's poetry and attaining to its prose. This is our education, as children and as adults, in the action of life and in the research laboratory or library; in our affections, in our aims, in our hopes and in our memories.

And in like manner it is the education of our intellect; I think that one main portion of intellectual education, of the labours of both school and university, is to remove the original dimness of the mind's eye; to strengthen and perfect its vision; to enable it to look out into the world right forward, steadily and truly; to give the mind clearness, accuracy, precision; to enable it to use words aright, to understand what it says, to conceive justly what it thinks about, to abstract, compare, analyse, divide, define and reason correctly.

To a short-sighted person, colours run together and intermix, outlines disappear, blues and reds and yellows become russets or browns, the lamps or candles of an illumination spread into an unmeaning glare, or dissolve into a milky way. He takes up an eye-glass, and the mist clears up; every image stands out distinct and the rays of light fall back upon their centres. It is this haziness of intellectual vision which is the malady of all classes of men by nature. It is an acquisition quite separate from miscellaneous information, or knowledge of books. For a true cultivation of mind, consider what a discipline in accuracy of thought it is to have to translate from your own language into a foreign one; what a trial of acuteness, caution and exactness it is to master, and still more to prove, a number of definitions. And so of any other science, — chemistry, or comparative anatomy, or mathematics, the result is a formation of mind, — that is, a habit of order and system, a habit of referring every accession of knowledge to what we already know, and of adjusting the one with the other; and moreover, as such a habit implies, the actual acceptance and use of certain principles as centres of thought, around which our knowledge grows and is located.

Where this discipline in accuracy of thought exists, history is no longer a mere story-book, or biography a romance; eloquent diction is no longer a substitute for matter; or lively descriptions a substitute for proof. This is that faculty of perception which is analogous to the capacity we all have of mastering the multitude of lines and colours which pour in upon our eyes, and of deciding what every one of them is worth.

To this end let us ever sharpen our mental vision by remembering that there is no saturation point in education.

Sister E. Plotkin, s.g.m.

# THROUGH THE



B. Skinner and R. Smith leaving for Residence August 20th, 1959.



Initiation: — D. Sangster, M. Marchyshyn, M. Cuvelier.



"Pet Probie" !!! — Beth on the ladder. But where is the cigar?



First day in uniform: — Iris Livesley and Donna Markowsky.



A complicated occupied bed: Laura Newbold is the uncooperative patient, Pat Muir the efficient nurse.



At last! Our own mailboxes. Grace receives another letter from home?



Cap Nurses! We've added a new bar pin to our uniforms. Diana Sangster, Helen Penner, Grace Hutchinson.



We are now able to record an accurate blood pressure — but does Kae have confidence in Mary-Lou's ability?



Welcoming a new class — The end of first year — P. Cormier (seated), M. Cuvelier, M. L.Dejonckheere, S. Flanigan, I. Daeninck.

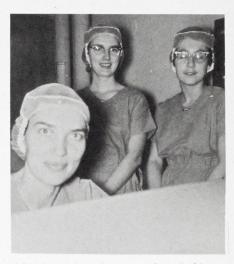
# YEARS WITH '62B



Grace preparing an I. M. in Post-Surgery.



In the Case Rooms with Shirley Beckta and Marge Cuvelier.



The O. R.! V. Johnston, and R. Smith on call with Mrs. Puchniak. Is Robby sleeping on the job??



What's this?? Let's say this picture wasn't taken in residence. Denise Settee and Elfriede Siemens.



Garden Party for '64B — The musicians — R. Parker, B. Venus, and M. Joyal.



More '62B members at the Garden Party.



On 8A. Myrna is exhibiting her motherly instinct.



Big and Little Sisters after the Blue and Gold Banquet. We are approaching graduation at last.



Third year with New Residence, a bit of relaxation, and final exams. Our scholar!

— Barb Wooden.



D. Lefteruk on phone.



Our own Miss Merlevede in her inner sanctum..



FRONT: P. Gauthier, M. Kish, D. Decosse. BACK: M. Herman, L. Kammermayer, K. Bacynsky, M. Lachance, A. Kozina, D. Smando.



Bette Anderson, — First day in Residence.



Ready for a date?? Erna Enns.



A Double Room in old Residence.



The Assistant Editor reading the bulletin board — Eileen Ward.



Big and Little Sisters — Sonia Cherewick and Eileen Marcyniuk.



M. Rodgers, I. Johnson, V. Lounsbury — A typical pose.



Beryl Jackman after her famous accident.



"Ready to Go" in the hall.



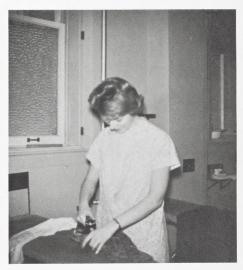
M. Herman, M. Kish and M. G. Achtem in the library.



Coffee break for '63B.



The usual kitchenette scene.



Helen Ingaldson at the ironing board.



K. Levenick admiring the bone structure of one of our nearest and dearest friends.



Eleanor McNiven looking very professional on the roof of New Residence.



Polly's birthday — Polly Gauthier, M. Herman, M. G. Achtem, M. Nick and J. Lazaruk.



A summer day on the roof. E. Friesen is drying her hair.



A joke between Velma and Robby.



The Banquet of the Blue and Gold.



J. Aitken, M. G. Achtem and D. Wowk as the three chipmunks — The memorable Blue and Gold Banquet again.



The Choir in the Hospital.



Sonia Cherewick is spending Christmas in the infirmary.



Our Christmas party, Eileen Marcyniuk is on Santa's knee.

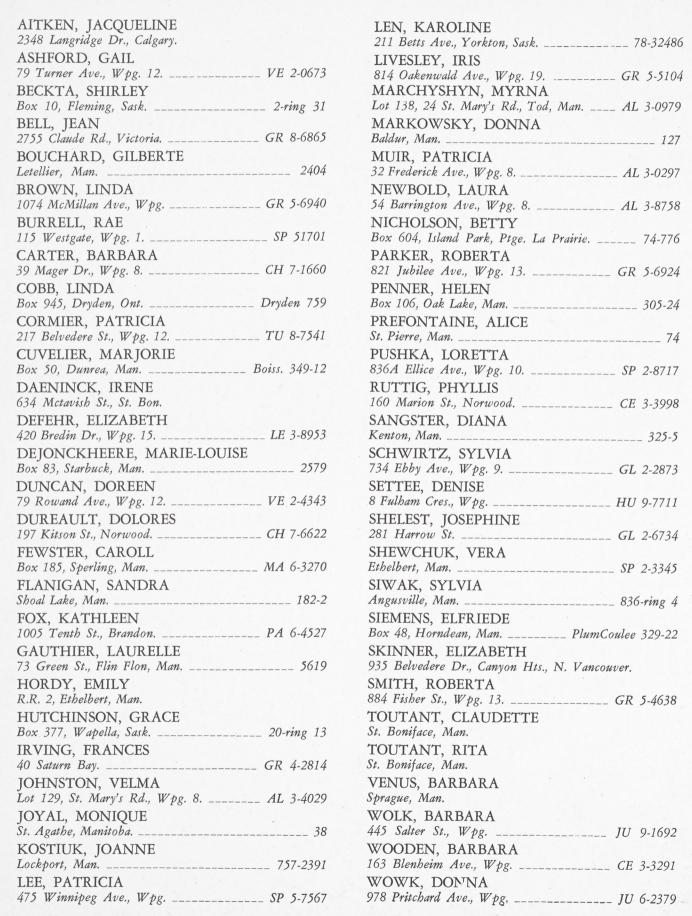


'62A — saying goodbye.

# 

ALBO, FLORENCE	JACKMAN, BERYL
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BAXTER, VALERIE	JOHNSON, GAIL
277 Oakview Ave., Wpg. 15 ED 4-6434	358 Brock St., Wpg. 9 HU 9-3817
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CARRIGAN, ROSEANN	MARCYNIUK, EILEEN
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COTE, LORRAINE	OVERTON, MARY
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DE ROCQUIGNY, MADELAINE	REIMER, DORIS
Haywood, Man St. Claude 320-R3	Box 916 Steinbach, Man DA 6-2440
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Rosser, Man Stonewall 87 R.3	
HENKELMAN, ALICE	WHITESIDE, LINDA
653 Sherbrook St., Wpg SP 2-8306	Ste. 11, 1944 Main St., Wpg. 17 ED 9-4684
HOORNE, CHRISTIANA	ZIMROSE, PATTY
Treherne, Man 315-31	Wadena, Sask 82255

# GRADUATES DIRECTORY '62B





### SENIOR INTERNES





BACK ROW: Doctors Bala, Johnson, DeVries, Hurwitz. FRONT ROW: Doctors Argue, Pan, Boutin.

Being narrow minded is when one hasn't enough room for two ideas to pass.



"At least it's a start Alf. Your appendix is out."

Recollections:

Training days alone are glad, with them time flies

In constant work and gay festivities They, like the ever restless butterfly, Pass on without the hours being noticed;

And before we realize what has happened,

That to which we so looked forward to has arrived.

Our student days are over and we graduate.

But as we reminisce and perhaps smile at our experiences,

We grow not too merry that our "in training days" have passed.

He who is silent is forgotten; he who does not advance, falls; he who stops is overwhelmed, distanced, crushed; he who ceases to grow greater, becomes smaller; he who leaves off, gives up. - Amiel

### CAN YOU IMAGINE

Dr. De Vries - Without his dictionary.

Dr. Hurwitz — in a bikini. Dr. A. Pan — being sloppy. Dr. Guzman — in flat shoes. Dr. Skelly — yelling at a nurse.

Dr. Hodgins - doing the "twist." Dr. Spooner — driving a Cadillac.

Dr. Bergner — Getting off on time. Dr. Penner — without a grin. Dr. Fast — without Foerster.

Dr. Beazley — being bashful. Dr. Houston - without teeth.

Dr. Scott — weighing 200 lbs. Dr. Roy — in a bad mood.

Patient: "Say, Doc, I asked that nurse to put a hot-water bottle at my feet, and she just turned up her nose and walked away." Doctor: "Well, what did you expect? She's the head nurse."

Patient: "Good heavens, do they specialize to that extent? Please get me the foot nurse then."

# JUNIOR INTERNES





BACK ROW: Doctors Cheuk, Skelly, Bergner, Penner, Fast, Beazley, Houston, Scott, Roy, Foerster, Hodgins. FRONT ROW: Doctors Achtem, L'Heureux, Bozley, D. Lim, Isabey.

### CAN YOU IMAGINE

Dr. Foerster
Dr. L'Heureux
Dr. Bozley
Dr. D. Lim
Dr. L

Dr. Drabitt — with a brushcut. Dr. Ryckebosch — in a grass skirt. Dr. Prefontaine - with an Irish accent. Dr. Carlton — as a wrestler. Dr. Dirnfield - without an answer. Dr. Blackwell — as Sherlock Holmes. Dr. Greene — without a cigarette. - as a blond. Dr. Mirhoseini

Shift Nurse — to another: "I know he's eating his heart out for me, but I don't like the dish he's doing it with."

### **DEFINITIONS:**

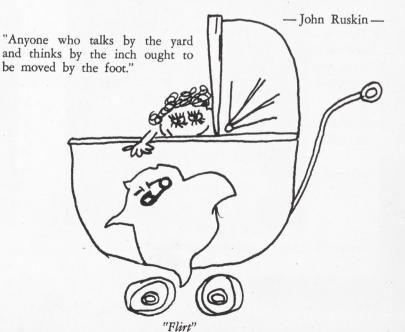
Sunbathing: A fry in the ointment. Overweight: Just desserts.

Stethoscope: A spyglass to see inside of peoples' chests with your ears.

"Doubt of any kind cannot be resolved except by action."

— Carlyle —

"Every duty we omit obscures some truth we should have known."



# THANK YOU TO THE LADIES' AUXILIARY

Would this expression be more meaningful had it been addressed to the ladies with the yellow smocks? Since this is the picture that you present in our hospital — one of brightness and cheer, — we, the graduating class of 1962, would first say thank you for just that. To see the gift cart or a cart of flowers coming down a hallway accompanied by two smiling ladies from the outside, so to speak, brings welcome diversion to many a downcast patient, and we thank you on their behalf as well as our own. What could be more important than our patients' welfare?

As students in residence, we owe you thanks for other more materialistic things. The new seminar room was furnished this September by your gift of nine-hundred dollars. From the Hospital Professional Education Fund, to which the Ladies Auxiliary contributes many students have received loans, bursaries and scholarships. We must not fail to mention the much appreciated 10 per cent discount offered by your gift shop each year. How barren our graduation ceremony would be without the floral decorations which you provide! Thank you.

To the dedicated volunteer workers of the Ladies Auxiliary, we would quote: "Inasmuch as you have done it unto the least of these my brethren, you have done it unto me" Matthew 25:40.

# NURSING SERVICE



Miss J. Robertson Director



Mrs. H. Craning Assistant Director

# FROM OUR ALUMNAE

To the Graduating Class of '62 . . .

It is a pleasant thing for those who work closely with the School of Nursing to see it moving forward every year with undiminished progress — more students entering, more students graduating; the hospital and school of nursing expanding, the buildings going up and down — altogether progress of a great institution of learning for the healing professions.

The pages of the students' year book would seem to be the proper place in which to set down a few thoughts about the progress that has and is going on. Estote Fideles each year is of special interest to the graduating class — to the group of young women who are going forth from the school of nursing, early in the spring. Each one will carry away her copy of Estote Fideles with its treasured pictures of the faces of their faculty members and other activities as depicted in words, drawings and photographs. These are the things which acquire an added value with each revolving year.

But it is fitting that each student should carry away something more that the affectionate regard which causes her pulse to increase each time she thumbs the pages of her year-book. To love is good, but to do something is even nobler. There are things that each student may do for her Alma Mater, even after her graduation shuts her from the school's activities.

This school of ours needs an especial and a peculiar support. It has never been, it can never be a purely local institution. It must draw its support, it must recruit its students from a wider area. It must look abroad to the fifty-nine member and associated member countries of the World Federation of Nursing. Above all, St. Boniface General Hospital School of Nursing must continue to rank high and be looked upon as one of the great schools of nursing. Only the best students are admitted to the school, and the graduating student who does not feel that St. Boniface is the best should be required to stay longer than three years until they are convinced or get to know more about it.

The focal point is that every graduate is, or ought to be a missionary for her school. She should go out into the world saying "St. Boniface Hospital." At every social affair she should keep on saying, "when I was at \$t. Boniface Hospital." She should try to create in her mind a sort of mythical recollection that she was president of student council, she won the Alumnae Scholarship, that when it came to real fun, she was one of the worst most mischievous students in the school.

Out of such stuff is the real graduate made and more than this she should take an oath that she will endeavor to keep in touch with her school. Through the work of the Alumnae she may continue to promote a sense of loyalty and a spirit of unity and good fellowship among the graduates. And if she should become rich (and this is rather doubtful as nurses are not known to aspire to worldly wealth, but some of her friends may get rich) she may get her friends to establish a fund for continuing education for undergraduate and graduate students. As Stephen Leacock once said, "it is sweeter and nobler to get one's friends to give than to keep to oneself the whole pleasure of giving."

The Alumnae of St. Boniface Hospital recognizes the role of the Hospital and School of Nursing in meeting some of the most critical needs in nursing today. It endeavours to show an active interest in the well being and steady progress of the School. This is the reason for the Alumnae Association.

Through our Alumnae the graduates are able to give support to the faculty of the School and on occasion, special recognition to their work. We are able to keep informed of developments in the field of nursing and nursing education, to help in the interpretation of programs and special needs and serve as an understanding group with whom new ideas may be sounded out. It is hoped that we may someday find ourselves promoting the establishment of a research project in nursing to test new ideas. To accomplish this we need the interest and support of old, not so old and new members.

To you, new graduates, we extend our sincerest congratulations and best wishes for a successful career in the profession of nursing.

A very warm welcome awaits you to join the family group in '62.

Sincerely, Mary E. Wilson, President, St. Boniface General Hospital Alumnae.

# OUT PATIENT NURSING



Out-Patient Nursing, as it implies is nursing care of the ambulant patient; and this phase of nursing care is concentrated in our Out Patient and Emergency Departments. These modern departments are a far cry from the early dispensary, which first opened its doors in May, 1924. They have developed into a treatment and diagnostic centre, where many people come for health supervision, treatment of existing disease or disability, or rehabilitation to a life of usefulness.

There are many functions of such departments. First, to give immediate supportive care, which includes medical consultation and treatment. Secondly, to provide continuity of care between the home and the hospital, coordinating the care within the clinic and the hospital.

A third function, that of teaching patients, includes health counselling through all phases of the patients care. The education of medical, nursing, and allied professional personnel is another function. A fifth is to promote study and research into causes, prevention and treatment of diseases.

The role of the nurse on the health team is one of counselling and teaching. She teaches while demonstrating a procedure, interpreting the Doctor's instructions to his patient, or interviewing a patient. She must be a good listener, alert to needs of the various age groups, and above all, non-critical in her judgements of the situations learned in her nurse-patient relationships. The nurse is frequently the first professional person the patient meets, and her attitude often sets the stage for his experience in the department, and perhaps even his future attitude toward treatment.

Clinic and hospitals must concern themselves with the health needs of discharged patients. To encourage the approach, student nurses are being assigned to visiting in the community with the Victorian Order of Nurses during their Out Patient experience. In the words of one or more students "I decided that poor housing conditions and extreme poverty are not merely figures of speech, but reality as demonstrated by many of the visits I attended" or " During the home visits we were able to observe treatments and nursing care given. It was wonderful how each problem was observed and dealt with individually. This experience will help me detect a nursing need that a hospitalized patient might have at home, and I will then direct them to the proper place where help can be obtained. Patient teaching is necessary in the hospital if the patient is to progress with rehabilitation after discharge."

Long term goals of integrated preventive and therapeutic patient care are: First, that a patient will be treated and studied as a whole person by a professional staff who are aware of the medical, social, psychological and economic needs of the patient.

Secondly, it is hoped the patient will come for services early in his illness, confident that the best medical nursing and social service care are available. Thirdly, as much emphasis be placed on promotion of health as on care after illness.

To accomplish these goals, hospital, clinic and community agencies work and plan together, the nurses playing an important role in promotion of such a plan of care.



Mrs. Britton - Clinical Instructress Out Patient Nursing



"Rely on your own strength of body and soul. Take for your star self-reliance, faith, honesty and industry. Don't take too much advice — keep at the helm and steer your own ship, and remember that the great art of commanding is to take a fair share of the work. Fire above the mark you intend to hit. Energy, invincible determination with the right motive, are the levers that move the world."

-Noah Porter-

Dr. C. W. Hall positioning a patient.

X-RAY

# **LABORATORY**

The "Staph" of Life

I'm Staphylococcus albus, and though I'm big and stout,

And do my share of dirty work, I'm really quite put out.

I get no good publicity; I can't work up a rep.,

The fame goes to those string guys whose family name is Strep.

Now I'm just as good a coccus as

any in the clan. What's more, I do a perfect job, I

cover all of man.

And when I've done a good day's

work to build up tissue's debit Friend Strep comes in a-tonsilling and grabs off all the credit.

I swear that something must be done;

I'll get my share of spoils —
These people who think Streps are smart —

I'll make 'em sit on boils!!



# THROUGH THE MICROSCOPE



"It's not that I'm prejudiced against viruses . . . It's just that I don't want my sister to marry one!"



"Do you suppose they'll ever find a cure for penicillin?"



"It was a wonderful at Cardiac Falls, stone Beach, and a the Digestive Tract."



"Looks like Ralph picked up a virus again!"



"There's nothing like a nice cheery heartburn to warm up a cold winter's night!"

# IN OUR PATHOLOGY LAB



"First chance I get, I'm moving to the extremities. At least I'll be able to find a place to park!"



"Saddle up boys! We'll head them off at the pancreas!"



"The heck with the antibiotics! . . . Full speed ahead!"



"There's old George . . . Still trying to isolate the cold germ!"



E.E.N.T. Clinic in O.P.D. — Doctor Coyston and patient Cherewick.



Velma Johnston happily scrubbing on 4C.



Miss Pottinger in her office.



H. Ingaldson on 8A.



Mrs. VanDaele and Mrs. Kornberger on 5A.



Norah Wright in charge on 4B.



A congenial group in emergency.



Christmas party on 3A — Miss Lemoine, Mrs. Crawford, S. Cherewick, Miss Harms, and Rose, the desk clerk.



Roberta Parker and friend on 8A.



At the desk on 4B.



Mrs. Cerub, Dr. Drabitt and Dr. Spooner relaxing in the Labour Rooms.



Another happy Labour Room scene; Miss Barnabe, Miss B. Urbonas, and Mrs. Carriere.



Mr. McDiarmid, A. Henkelman and S. Goss on 5C.



Christmas Party on 4A -- Wonder who Santa Claus is??



Martha Bergen and a baby on 4C.



Edna Unger on 8A.

The Eleven Ages of Man may be expressed in menu style, about like this.

- 1. Milk.
- 2. Milk and bread.
- 3. Milk, eggs, bread and spinach.
- 4. Oatmeal, bread, butter, green apples and lollypops.
- 3 Ice cream soda and hot dogs.
- 6. Minute steak, fried potatoes, coffee and apple pie.7. Bouillon, roast duck, scalloped potatoes, creamed broccolli, fruit salad, fudge sundae and demi-tasse.
- 8. Pâte da foie gras, weiner schnitzel, potatoes Parisienne, egg plant à l'opera, Roquefort cheese and demi-tasse.
- 9. Two soft boiled eggs, toast, milk.
- 10. Crackers and milk.
- 11. Milk.



G. Hawrysh cleaning in the dressing room.



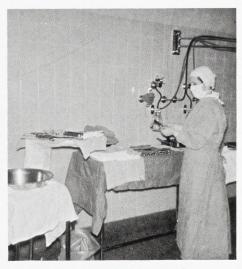
Mr. Bill Statina, physiotherapist, with patient.



S. Flanigan and Miss Sheedy in Post-Surgery.



A romantic interlude in the O.R. Classroom.



H. Goerz almost ready for surgery.



Robby Smith scrubbing up.



Dr. Bergner, L. Coyston, Lloyd and S. Cherewick on 5C.



Mrs. Faust and her diet therapy class.



A delicious array of food at the garden party.

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## **EDUCATION - A CHANGE**

1962 will see some changes in the program of studies at the School of Nursing. We now have a Master Rotation Plan which shows each student upon entering the school the theoretical and clinical experience program she will follow throughout the entire three year course. However, it is still flexible enough to meet the individual problems of students.

We have increased our Psychiatric experience to 12 weeks. This has been made possible by an affiliation with the Selkirk Mental Hospital for some of the students and the others will receive a 12 week experience in the Psychiatric Department in our Hospital. This will help students meet the needs of society today, and is already a requirement for registration in some Provinces and many States.

In many of our departments — Medicine — Surgery — Obstetrics — Pediatrics and Psychiatry — the student now receives theory concurrently with clinical experience or practice. Learning by this method will take place more rapidly and effectively because practice will accompany theory or take place simultaneously.



Mrs. V. Vermander — Educational co-ordinator.

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